

Recreational Notes

- Rec soccer requires less commitment, less driving, and cost than travel.
- · Can sign up Seasonally when interested.
- Helping form skills and player development in an easy going atmosphere.
- Includes Free Speed & Agility clinics.

Travel Notes

- Travel soccer requires more commitment and cost due to tournaments, rental fees, travel distance, and trainers.
- We are now offering professional GK trainers in Travel at no additional cost.
- Season runs between 8-11 months depending on individual team and travel level. Team Evaluations in April.
- Many ages have multiple travel team's making it easier for player to play with the appropriate team/ level.
- More skilled and competitive games and training.

Additional Program Notes

- Speed & Agility is a huge part of being a good athlete and soccer player. Classes are free to both Travel & Rec players matching the age of the clinic's offered.
- Small group clinic's average a 6-1 coach/ player ratio. These are extremely cost efficient, while giving players the individual attention they can't get elsewhere.
- We are now offering professional GK trainers in Travel at no additional cost.
- HSC Summer Camp the last week of July!
- Summer Elite Training, 6 weeks June-July