

# June 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Revenge Tour 2019	The Culture of This Team will be decided by our Leaders		When you go 37 Competition will be at A All Time High	Be great, NOT AVERAGE		1 Life isn't Always Fair get used to it
2	3 LIFT -After School Field 4:30	4 LIFT After School	5 OFF	6 LIFT After school Field 4:45	7 LIFT 6AM	8 KeyStone Oaks 7 to 7 10AM Be There At 9AM
9 SPARTAN CARD SELL DAY INFO will Be ANNOUNCED	10 LIFT After school Field 4:45	11 6:45 LIFT Field 9:15	12 OFF	13 LIFT - 1PM Field 4:30	14 6:30 -Pride LIFT AFTER FLAG DAY!	15
16 FATHERS DAY	17 6:45 - LIFT Field - 9:15	18 LIFT - 6:45 Field - 9:15	19 OFF	20 LIFT - 1PM Field 4:30	21 6:30 -Pride LIFT AFTER	22 You will Here " That was good " but "Not good enough"
23	24 LIFT - 1PM Field - 4:30	25 LIFT - 6:45 Field - 9:15	26 OFF	27 LIFT - 1PM Field 4:30	28 6:30 Pride LIFT AFTER	29
30 The OFF-SEASON Program is NOT MANDATORY PLAYING YOU IS NOT MANDATORY Either		Being good is Not good enough, BE GREAT!	How will The 2019 Team be Remembered.	Never stop dreaming Never stop believing Never stop trying AND NEVER STOP LEARNING		MONTOUR REVENGE TOUR 2019

# July 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Championships Are won in months without R's	1 LIFT - 1PM Field - 4:30	2 LIFT only 6:45	3 OFF	4 OFF INDEPENDENCE DAY!	5 OFF	6 we will PRACTICE ON LABOR DAY AND THANKSGIVING
7	8 LIFT - 6:45 Field - 9:15	9 LIFT - 1PM Field - 4:30	10 OFF	11 LIFT - 1PM Field - 4:30	12 6:45 - pride LIFT AFTER	13
14 Your Either With US OR AGAINST US. THERE IS NO IN-BETWEEN	15 LIFT - 6:45 Field - 9:15	16 LIFT - 1PM Field - 4:30	17 OFF	18 LIFT 6:45	19 6:45 - Pride LIFT AFTER	20 The degree to which you believe you can have success Directly correlates with how much Energy And work. 27 you put into it
21	22 LIFT - 6:45 Field - 9:15	23 LIFT - 1PM Field - 4:30	24 OFF	25 LIFT - 1PM Field - 4:30	26 6:45 - Pride LIFT - AFTER	
28 Montour Revenge Tour 2019	29 OFF	30 OFF	31 OFF	OFF	OFF	Your LATER DAYS will be greater THAN your former DAYS. Never give up, never stop

# August 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Success doesn't happen by accident you have to seek out the info that will help you become better				1	2	3 Mountain Revenge Tour 2019
4	5 HEAT Acclimation with Acclimation Lift - 1Pm Field - 4:30	6 HEAT Acclimation Lift - 1Pm Field - 4:30	7 HEAT Acclimation Lift - 1Pm Field - 4:30	8 HEAT Acclimation Lift 1Pm Field 4:30	9 HEAT Acclimation Lift - Heat TBA Booster Picnic 5Pm	10 BOOSTER GOLF OUTING 8AM SHADOW LAKES
11 You are not a born winner or a born loser but you are a born chooser	12 1st DAY OF CAMP Locker Room opens 7AM Practice 8:15	13 CAMP 8:15	14 CAMP 8:15	15 CAMP 8:15	16 CAMP 8:15	17 SCRIMMAGE Home 10AM Ringgold
18 Put yourself in a position for success, think about your choices, and make them count	19 CAMP 8:15	20 Practice TBA	21 Practice TBA	22 Practice TBA	23 Home vs. MOON 7PM will you be ready?	24 JV AWAY 10AM MOON Practice TBA
25	26 Practice After school	27 Practice After school	28 Practice After school	29 Practice After school	30 GAME AWAY AT NEW CASHLE Huge Conference GAME!	31 PRACTICE 9AM Practice JV Home 10AM