



Orange Empire Conference

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AGE AND WEIGHT MATRIX

2022 SEASON



DIVISION	AGE /BIRTH DATE		WEIGHT REQUIREMENTS
FLAG	5 thru 7	8/1/14 - 7/31/17	NA
TINY MITE	5 thru 6	8/1/15 - 7/31/17	35-80 LBS
OLDER LIGHTER	7	8/1/14 - 7/31/15	35-60 LBS
JR MIGHTY MITE	7 thru 8	8/1/13 - 7/31/15	45-105 LBS
NO OLDER LIGHTER			
MIGHTY MITE	7 thru 9	8/1/12 - 7/31/15	45-105 LBS
NO OLDER LIGHTER			
10 U	9 thru 10	8/1/11 - 7/31/13	NA
11U	10 thru 11	8/1/10 - 7/31/12	NA
12U	11 thru 12	8/1/09 - 7/31/11	NA
13U	12 thru 13	8/1/08 - 7/31/10	NA
14U	13 thru 14	8/1/07- 7/31/09	NA

In-Season weight increase, 1 lb per week starting with week 2 (Max. of 9 lbs.), additional 1 lb. at Super Bowl