



Sitka Little League Managers Package 2020

Package Contents

(It is suggested each manager bring this package for reference to ALL practices and games)

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References

<http://www.eteamz.com/SitkaLL/> - Sitka Little League Website for Local Handouts and References

<https://www.littleleague.org/coaches/> – Fundamentals and Coaching Tips

<https://www.littleleague.org/forms-publications/> - Little League Forms Library

http://www.littleleagueu.org/search#user_type=coach – Coaching Tips (filter by division)

<https://www.littleleague.org/playing-rules/pitch-count/> - Baseball/Softball Pitching Rules

<https://www.littleleague.org/playing-rules/bat-information/> - Little League Bat Information/Standard

<https://usabat.com/> - Baseball Approved Bat list



Sitka Little League Managers/Coaches Responsibilities Quick Reference Checklist

1. Adhere to Sitka LL Guidelines (Philosophy and Objectives)

Managers and Coaches are critical to the success of this program. It is very important you ensure that all children who participate have fun, enjoy the game, have an opportunity to learn the game, have the opportunity to play, compete and win.

2. Must Be A Leader

Managers and Coaches must be leaders. Understand that you hold a position of trust and responsibility in a program that deals with sensitive and formative period of a child's development, whether the child is aged five or fifteen. It is required that you have an understanding, patience and the capacity to work with children. You should be able to inspire respect. Above all, you must realize you are helping to shape the physical, mental and emotional development of young people. You are more than just a coach. Knowledge of the game is essential but it is even more important to understand you will have a significant influence on your players. Children often idolize their managers and coaches not because you are successful but because you are a source of inspiration.

3. Conduct Must Be Above Reproach at All Times

Remember, you are representing Sitka LL to the entire community as well as to Williamsport Little League Baseball, Inc. At no time will criticism of umpires and/or league officials or profanity be permitted. **Sitka LL has adopted a zero tolerance policy towards inappropriate behavior and corrective actions will be taken immediately to resolve any issues.** Do not rant and rave at players. Players will always respond if you point out their mistakes in a calm and friendly way. Players will respect you more if you provide ideas and instruction in a friendly manner. **The Manager and Coaches are responsible for controlling themselves, their players and the players parents regarding inappropriate behavior AT ALL TIMES.**

4. Keep Your Cool at All Times And Be a Model of Good Sportsmanship

Keep your cool at all times. Little League is a game for children. We do not need adults acting like children. Keep your perspective when your best (or worst) player loses a game or when an umpire's call goes against your team at a critical time. There will be other days and other opportunities. Keep winning in perspective. Flying off the handle at games or straining relations with players, parents and league officials creates a difficult situation for the players. Again, Little League is supposed to be a fun experience for the players. Instill the spirit of good sportsmanship.

5. Conduct A Mandatory Parents Meeting Prior to the Start of Season

This is MANDATORY and very important. Get off on the right foot with all the player's parents by meeting with them to communicate and explain how things will progress for your team. Request parent volunteers for required team assignments (team parent, team safety coordinator, scorekeeping, scoreboard and concessions). All positions shall be assigned prior to first game.



Sitka Little League Managers/Coaches Responsibilities Quick Reference Checklist

6. Know the Rules (LL Rulebook & Sitka LL Local Rules)

Managers and Coaches must know all LL rules (as identified in the LL Rulebook) as well as any local rules that apply to their division. Copies of both the LL Rulebook and Sitka LL Local Rules should be carried to each game and used as a reference point to resolve any questions or issues that may occur during a game.

7. Keep Entire Backstop Area Clear

Managers and Coaches are responsible to keep the entire backstop area clear of any people or equipment at all fields. This can only lead to potential issues during the game.

8. Control the Dugout

Only three (3) Sitka LL approved adults (1 Manager and 2 Coaches) are allowed in the dugout. **This is MANDATORY**. Managers and Coaches are also responsible to keep their players in a controlled and sportsmanlike manner in the dugout and playing area at all times.

9. No On-Deck Batter Permitted At Any Time

As per Little League Headquarters (Williamsport, PA.), there is no on-deck batter allowed at any time. Specifically, a player may not place a bat in their hands until they walk to the plate to take their turn at bat during the game. **This is MANDATORY**. Managers and Coaches are required to enforce this rule at all times. This can lead to serious safety issues as well as the risk of losing our SLL Charters.

10. Reinforce Good Sportsmanship To Your Team

Managers and Coaches are responsible to reinforce good sportsmanship with their teams at all times, instilling in their players the "Character, Courage and Loyalty" principles of Little League. This is a valuable lesson for everyone to carry with them through life.

11. Keep Good Records & Carry Medical Forms

Managers and Coaches are responsible to keep good records and track activities of all their games throughout the season as well as keeping a hardcopy of a completed medical form for each player. This medical form must be carried and available at each game in case of emergency. Keeping good records defuses any potential parent/manager unfriendly situation.

12. Responsibility For All Your Players

Managers and Coaches are responsible to ensure that all players are accounted for (i.e.: picked up after practices and game) and are not left unattended at any time. Reinforce accountability with all parents on their responsibility to you and to SLL.



Sitka Little League Managers/Coaches Responsibilities Quick Reference Checklist

13. Bring Ice to Every Game

Managers and Coaches are responsible to ensure that ice is brought to every game, or confirm that ice packs are in the first aid kits. Assign a parent on the team and make them a "Team Safety Coordinator" in which one of the responsibilities is to bring ice, cell phone, etc.

14. Contact Your Division VP for Any Issues or Questions

If you have any issues or questions during the season, contact your SLL Division VP for assistance.



Sitka Little League Team Volunteer List

This is a suggested list of Volunteers to help each Manager more effectively manage the season.

1. Team Parent: _____
Help coordinate volunteers and non-coaching functions like uniform issue, parent communications, etc.
2. Scorekeepers: _____
Need to be trained on keeping an accurate scorebook either on paper or in the Gamechanger App. Have 2-3 parents trained is recommended.
3. Pitch Counters: _____
Need to keep & record accurate pitch counts for minors, majors and juniors. Does not need much training, and can be assigned at the game if desired.
4. Concessions: Concession duties should be assigned to every player's family per the concession schedule. League may allow buy outs. Suggest assigning a player to every concession requirement and allowing parents to swap around if dates do not work. Suggest Team Parent organize this.
5. Field preparation: fields need to be prepared prior to every game per local rules. Parent volunteers can allow the coaches to focus on pregame preparation of team if parents take care of field prep. Suggest showing a few parents the requirements at the beginning of the season and letting them take charge. (drag & line field; repair mound, batters box & base areas; ensure trash and extra baseballs/equipment is removed from field; identify any holes in fence, keep backstop area clear; etc).

Little League Pledge

I TRUST IN GOD
I LOVE MY COUNTRY
AND WILL RESPECT ITS LAWS
I WILL PLAY FAIR
AND STRIVE TO WIN
BUT WIN OR LOSE
I WILL ALWAYS
DO MY BEST



The Little League Parent/Volunteer Pledge

I will teach all children to play fair and do their best
I will positively support all managers, coaches and players
I will respect the decisions of the umpires
I will praise a good effort despite the outcome of the game

Sport Parent Code of Conduct

We, the _____ Little League, have implemented the following Sport Parent Code of Conduct for the important message it holds about the proper role of parents in supporting their child in sports. Parents should read, understand and sign this form prior to their children participating in our league.

Any parent guilty of improper conduct at any game or practice will be asked to leave the sports facility and be suspended from the following game. Repeat violations may cause a multiple game suspension, or the season forfeiture of the privilege of attending all games.

Preamble

The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles:

- Trustworthiness,
- Respect,
- Responsibility,
- Fairness,
- Caring, and
- Good Citizenship.

The highest potential of sports is achieved when competition reflects these “six pillars of character.”

I therefore agree:

1. I will not force my child to participate in sports.
2. I will remember that children participate to have fun and that the game is for youth, not adults.
3. I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
4. I will learn the rules of the game and the policies of the league.
5. I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every game, practice or other sporting event.
6. I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing and taunting; refusing to shake hands; or using profane language or gestures.
7. I will not encourage any behaviors or practices that would endanger the health and well being of the athletes.
8. I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
9. I will demand that my child treat other players, coaches, officials and spectators with respect regardless of race, creed, color, sex or ability.
10. I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a game or his/her performance.
11. I will praise my child for competing fairly and trying hard, and make my child feel like a winner every time.
12. I will never ridicule or yell at my child or other participants for making a mistake or losing a competition.
13. I will emphasize skill development and practices and how they benefit my child over winning. I will also de-emphasize games and competition in the lower age groups.
14. I will promote the emotional and physical well-being of the athletes ahead of any personal desire I may have for my child to win.
15. I will respect the officials and their authority during games and will never question, discuss, or confront coaches at the game field, and will take time to speak with coaches at an agreed upon time and place.
16. I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol and I will refrain from their use at all sports events.
17. I will refrain from coaching my child or other players during games and practices, unless I am one of the official coaches of the team.

Parent/Guardian Signature

It has always been disturbing to me that when Little League people get together they spend their time discussing everything about the program except what is most important. The usual topics of discussion at Little League Congresses, as well as smaller local meetings, are rules interpretations, baseball techniques, duties of district representatives, tournament play, financial matters, insurance, player selection, etc. Little consideration is given in these discussions to the Little Leaguer -- how the program can better help them, what mistakes we are making, the best methods of handling children, the criteria of a good manager, selecting and training the manager, how to eliminate factors detrimental to Little Leaguers, and the like.

In the final analysis, what happens to the Little Leaguer himself is the major objective of this huge operation called Little League Baseball. The ultimate criterion of Little League is: Is the youngster a better person as a result of experience in the program? Have the children learned some lessons and acquired some habits and attitudes which will make them more effective in future work, better parents and finer citizens? Beside such a criterion such factors as the number of games won and lost, the leading hitter and pitcher, the league championship, tournament play, etc., are all very minor considerations.

As I see it, the real challenge of Little League is not to create more leagues, larger tournaments, develop better players, make more money, etc., but to make the program more qualitative -- to make it a better, more wholesome and enriching experience for the youngsters. This objective is exceedingly difficult to attain. Merely to involve over 3 million children in a program is not enough. Most people believe that participation in baseball is a fine thing for youngsters. Yet nothing could be further from the truth. Baseball is not automatically a desirable experience for youngsters. It might be under some circumstances, but under other conditions it could be positively detrimental. We have all seen Little League teams where children learned more undesirable habits and attitudes than desirable.

A TWO-EDGED SWORD

Whether or not baseball is good for children who participate depends upon the total effect of the game upon them. Certainly, all children will benefit from the vigorous outdoor exercise. However, they derive more than exercise from baseball. Their minds and emotions are involved in the game, as well as their muscles. From the manager, teammates, opponents, officials, and spectators they learn many things. While they are acquiring the skills of the game, they are also learning many habits and attitudes in regard to themselves and other people which are extremely important to their future success and happiness. They can learn to win and to lose graciously or ungraciously, to be loyal or disloyal, cooperative or uncooperative, courteous or discourteous to opponents and umpires, prejudiced or unprejudiced to those of different color, race or creed, to swear or not to swear, to be considerate of those with lesser ability, to develop self discipline and to subjugate their own selfish desires for the good of the team. Baseball is a two-edged sword. As a result of the experience, a child may acquire positive attributes.

Baseball is like a package of TNT with its potentialities for constructiveness or destructiveness - for good or for evil. The crucial factor in the situation is the leadership which is available. The heart of Little League Baseball is what happens between manager and player. It is your manager more than any other single individual who makes your program a success or failure. He controls the situation in which the players may be benefited or harmed. We have all seen managers who exerted a wonderful influence upon their players - an influence which was as fine an educational experience as any child might undergo. Unfortunately, we have also observed a few managers who were a menace to children.

If Little League is to become qualitative, then we must do something positive about improving the quality of leadership in its day to day operation. This assignment is made more difficult by two factors. The first of these is that we lose many of our experienced personnel every year. Many parents stay in the program as long as their children are in it. Then, when they have gained invaluable experience and acquired some of the ideals of the program, we lose them. What would be the quality of teaching in our schools if our teachers turned over as rapidly as our managers?

As president of your league, the second handicapping factor is that many managers are untrained in youth leadership. Experienced youth leaders (in physical education or recreation) receive a four year college program of preparation. There is a vast amount to be learned before a person can become an excellent Little League manager. Just because an individual is willing to devote the time to managing is not enough of a criterion upon which to base selection. Just because he or she knows something about baseball is likewise an inadequate basis for selection. Even a person of integrity, sincerity and high idealism needs other qualifications. All of these considerations are important but there is far more involved in being a successful Little League manager. Your manager needs to know the purposes of the program and how to evaluate progress toward attaining them. The manager should be acquainted with the best ways of imparting to the players what he/she knows about baseball. Then too, there is the critically important matter of understanding children and how to relate to them most effectively. Finally, there is the matter of exemplifying all the desirable things in Little League.

My contention is that from the league president's point of view, your manager is the most important person in the Little League program. A variety of reasons support this contention. A very important factor is that a child of Little League age wants to emancipate from his primary identification with his/her parents. Up to this time he/she has lived in submission and obedience to them. Although not in a state of hostile rebellion, the child is nonetheless experiencing pangs of doubt about the all-encompassing wisdom of his/her parents. As doubts continue, an increasing distance between parent and child develops and the child turns toward those of his/her own age as the ultimate determiners of their society.

Mohr and Despres expres it this way:

*"The child seeks to discover meanings about himself and others through experiences that largely exclude his parents. This is a major psychological feature of the pre-adolescent. Up to this time, identification with the parents and dependence upon their approval and support have been paramount. Now, however, others begin to play more significant roles and serve in important ways to influence the outlook, feelings and values accepted by the child."*¹

The child now seeks for other persons to typify the ideals and virtues that once used to be represented by the parents. This is an age of hero worship. If the child chooses as a model an adult who represents the highest ideals of gentlemanly behavior and clean living, both the child and his parents are fortunate. Children of the Little League ages are strongly influenced by their peers. It is a tragic fact that peer standards frequently are anti-social, destructive and immoral.

A CHECKLIST FOR LITTLE LEAGUE MANAGERS

The following checklist is proposed as an aid to Little League managers so they can personally evaluate themselves with respect to those attributes regarded as important to a youth leader.

By the thoughtful use of this tool, the individual manager can get a rather clear picture of himself/herself as a coach and as a person. If the inspection indicates certain weaknesses, then concentrate upon removing them to the betterment of service to the children and the program.

You can obtain an estimate of your rating by checking the most appropriate blank to the right of the question, then totaling up your score at the end of the checklist. If your answer is "seldom or never," give yourself 1 point, "usually," 2 points and "always," 3 points.

Excellent is 130 and over, above average is 120 to 129, average is 90 to 119, below average is 80 to 89, and unsatisfactory is 79 and below.

	Seldom or Never (1)	Usually (2)	Always (3)
PERSONAL ATTRIBUTES - The manager's personality is an important factor in the success of Little League Baseball.			
A. Appearance. Do you...			
1. Dress suitably	_____	_____	_____
2. Groom properly	_____	_____	_____
B. Disposition. Do you display...			
1. Pleasantness	_____	_____	_____
2. A sense of humor	_____	_____	_____
3. Even temper	_____	_____	_____
4. Courtesy	_____	_____	_____
5. Sympathy	_____	_____	_____
6. Enthusiasm	_____	_____	_____
C. Poise. Do you...			
1. Have self-control	_____	_____	_____
2. Behave in an adult manner	_____	_____	_____
D. Character. Are you...			
1. Sincere	_____	_____	_____
2. Truthful	_____	_____	_____
3. An example of Little League ideals	_____	_____	_____
E. Leadership. Do you...			
1. Accept responsibility	_____	_____	_____
2. Have the ability to plan and organize	_____	_____	_____
3. Have a good understanding of the emotional and psychological characteristics of pre-adolescents (9 thru 12 years of age)	_____	_____	_____
4. Have good rapport with each player	_____	_____	_____
5. Try to understand the personal needs and problems of players and adjust accordingly	_____	_____	_____
6. Have discipline suited to the age level of the players	_____	_____	_____
7. Discipline fairly and impartially			
a. Temper discipline with good judgment and humor	_____	_____	_____

¹Mohr, George and Despres, Marian *The Stormy Decade: Adolescence*. Random House, New York, 1958

From the sum of the total experience, along with the physical and mental reactions to such experiences, the player begins to develop certain attitudes. These attitudes then manifest themselves in patterns of behavior, behavior that could prove to be acceptable or unacceptable.

Thus, it is extremely important that the experiences arising out of Little League activity be healthy and stimulating. Furthermore, it is equally important that volunteer personnel recognize this fact and strive to help the youngster meet the challenges. It is within the province of responsibility of the volunteer to help the player to develop desirable attitudes.

- I. Is an attempt made to point out the desirability of:
 - a. Fair play.
 - b. Playing without finding fault or making excuses about mistakes.
 - c. Listening to directions.
 - d. Winning without bragging.
 - e. Recognizing certain standards of achievement.
 - f. Subscribing to the spirit of give and take.

- II. Have you observed any progress on the part of the youngsters in your league concerning the following:
 - a. They participate in practice and drills as you have planned them.
 - b. They accept the fact that there are some youngsters who have more or less skills than they do.
 - c. They have respect for other people's property.
 - d. They take care of equipment properly.

- III. In working with the players, do you sense that:
 - a. They are beginning to develop self-confidence.
 - b. They are showing signs of courage.
 - c. They are beginning to develop leadership qualities.
 - d. They are beginning to set standards for themselves.

- IV. In your observations, can you say that you have noticed improvement in the following areas:
 - a. Learning to accept reversals without undue emotional upset.
 - b. Accepting and playing by the rules of the game.
 - c. Learning to develop self-control over personal feelings.
 - d. Widening their circle of friends.

- V. Do you feel that the youngsters under your supervision recognize that:
 - a. Working to improve skills leads to self-satisfaction and achievement.
 - b. Being a good follower in certain situations is as important as being a good leader.
 - c. Self-sacrifice for the good of the team is necessary.
 - d. There are occasions when one must accept certain responsibilities for others.

EMOTIONAL SECURITY AND ATTITUDES IN CHILDREN



www.littleleague.org

by
Dr. Luke LaPorta

An understanding of children is the most important component of the Little League® program. Adults working with youth should be constantly aware of emotional security and attitudes of children under their direction. Dr. LaPorta, of Liverpool, New York, is widely recognized as an authority in this field and was a recipient of the Athletic Director of the Year Award sponsored by the National Council of Secondary School Athletic Directors. He has been active in Little League for more than 40 years and served as the Chairman of the Little League International Board of Directors.

Little League Baseball does not limit participation in its activities on the basis of disability, race, creed, color, national origin, gender, sexual preference or religious preference.

Emotional Security

In order to grow, children must have food, fresh air, light and exercise. This food, fresh air, light and exercise provide children with nourishment and activity required to satisfy the needs of physical growth and development. Along with this physical development, children must also develop emotionally. As children reach maturity, they will also reach certain levels of emotional maturity. It is hoped that the emotional maturity attained will be at a desirable level so that the individuals may function normally within their own sphere of relationships, whether it be with their peers, their immediate family or other adults.

The nutrients or ingredients necessary for emotional growth are not the same as they are for physical growth. However, they are very bit as important as food and drink are to physical growth and development. These nutrients satisfy the needs for emotional security just as food and drink satisfy a physical hunger pain. If children are to attain a level of emotional maturity, they must first have certain securities.

For example, children need to know that they are loved. It is possible that children who are deprived of love will suffer in a number of ways. One of these ways would be the inability of children to relate to other children and adults. Usually, children who feel they are not loved will be withdrawn, will find it difficult to make friends and, many times, will react to social situations in a manner that is unacceptable as normal behavior. Very often unloved children will react in a way that is harmful to themselves and also to the community in which they live. Some quarters contend that juvenile delinquency, in part, is a result of the deprivation of love.

In addition to being loved, there are other ways that children are able to satisfy the need for emotional security. Children have to feel that they are accepted, whether it is acceptance as part of a family, a school group, church group, gang or club. The need for acceptance is not limited to children, of course. Young teenagers want to be accepted in sororities, fraternities, social cliques or athletic teams. Even adults sometimes feel the need for acceptance in local associations, clubs, school groups and neighborhood circles.

In its healthiest form, acceptance is based on what the child actually is and not what the child has done or what family history reflects. Many times, however, acceptance is not based on the human qualities of the child and is, in effect, denied for a variety of reasons. Some of these being: color, physical handicaps, speech handicaps, or even a mischievous childhood prank that just can't seem to be forgiven.

Children must be made to feel that they are liked and accepted for what they are. This kind of acceptance fosters an independence and confidence, which the child needs in order to grow emotionally. This does not mean tht children have Carte Blanche to do anything that they desire without disapproval of their acts. Much to the contrary, unacceptable behavior should be dealt with firmly and with decisive action. For example, a manager in Little League could encounter a problem with a youngster, which, if not handled firmly, might cause further trouble, i.e., talking back to an umpire or rough play. The player could be told that this is not the behavior expected of a Little Leaguer and disapproval could be voiced quite strongly. However, it could be followed with, "remember I like you, but I sure didn't like what you did out on that field."

When working with children it is important to remember that at this particular age they are sensitive to the subtle pressures of acceptance and rejection.

In choosing activities in which they will take part, children make their choices for a variety of reasons. Some will choose an activity where they can be with someone they like, others will choose an activity that they enjoy, but, for the most part, children will choose the game or activity in which they have the greatest success. Children like to do the things that they can do best. The real fast runner wants to run races, the good basketball player wants to shoot baskets, and the heavy hitter wants to play baseball. For the most part, children enjoy most games they play, but they enjoy them that much more when they have a certain degree of success in that game.

Success feelings are necessary for the emotional growth and emotional security in children. These feelings help immeasurably in establishing and developing confidence, independence, poise and positive attitudes in youngsters. Frequently when faced with something new, youngsters will balk somewhat. However, in facing the challenge they suddenly find that they achieve some degree of success. At this point, the balkiness changes to aggressiveness and the newness is met with vigor and confidence.

Furthermore, children seem to respond readily to solicitous encouragement and to recognition of small successes they achieve. Success experiences for children are important to emotional security and to eventual emotional maturity.

Love, acceptance and success are strong emotional needs. They are necessary for establishing emotional security in the child and, in turn, emotional security, if necessary, in the attainment of emotional maturity. children will satisfy these emotional needs in one way or another. Their first choice, of course, is to do so in a socially acceptable manner. However, if they have no opportunity to do so, they will use other methods, usually in a socially unacceptable manner and from this derive satisfaction from the notoriety of unacceptable behavior.

Little League Baseball seems to be a well-established, acceptable way to provide degrees of satisfaction for the emotional needs of the child. Little League is an entirely new experience and, with its unique appeal to youngsters, plays a vital role in helping to fulfill these emotional needs. This is especially true if these needs are not met at home, or if there is a loss of a father or mother or if other complications deprive the child of an opportunity to satisfy these needs. In addition, Little League offers adult companionship which, for a variety of reasons, may be lacking at this age.

In an organization such as Little League Baseball, volunteer leaders will run into many problems with youngsters. They will be working with youngsters deprived of love and affection; they will work with highly over-protected children and come in contact with the out and out rejected child. Leaders must do their utmost to help these children, and, if they are unable to help them, the least that can be done is to attempt to understand them.

Attitudes

In Little League Baseball there are many new and varied experiences facing the youngsters participating in the program. The children, probably for the first time, find themselves in situations that they alone must cope with. They alone must meet the challenge of each new experience.

Sitka Little League Skills Progression

	T-ball	AAA Minors (coach pitch)	Minors	Majors	Juniors
Pick off plays at various bases Pitching from the stretch Getting back to base on pick-off Taking a lead Execute a pick-off play What the balk rule is					
Understand interference Proper catcher's skills Secondary lead Execute a run-down Proper bunting technique Infield rotation on bund Execute a crow hop How to throw a change-up To run on missed 3rd strike Infield fly rule Proper barehand technique					
Anticipate the hop Who has right of way on fly balls Execute a double play Sliding The numbers of positions Proper way to get out of the way of a pitch Proper pitching mechanics Not to swing "around the ball" Proper ground ball technique Ball grips					
When the pitcher is ready, every fielder's job is to think Proper throwing mechanics on-deck batter gets bat Proper batting stance and hitting firmly Execute a cut-off play Tag up rule How to cover bases on non-force play How to cover first base The force lay Infielders out of baseline unless in play (obstruction) Rounding first base Get body under fly before opening glove					
Not to throw bat in box Run through 1st base Alligator hands Introduce swing					

Sitka Little League Rules of Play

Approved April 2019

	T-Ball	AAA	Softball AAA	Minors	Majors	Softball Minors	Softball Majors	Juniors	Softball Juniors
# of Innings	3 (no Minimum game requirement)	4 (no Minimum game requirement)	4 (no Minimum game requirement)	6 (4 Minimum to count as a game)	6 (4 Minimum to count as a game)	6 (4 Minimum to count as a game)	6 (4 Minimum to count as a game)	7 (5 Minimum to count as a game)	7 (5 Minimum to count as a game)
End of Inning	Each player bats once.	3 outs or 5 runs scored*	3 outs or 5 runs scored*	3 outs or 5 runs scored*	3 outs	3 outs or 5 runs scored*	3 outs or 5 runs scored**	3 outs	3 outs
# of Fielders	All players (max 6 infielders)	10 players (4 true outfielders; no rover)	10 players	9 players	9 players	9 or 10 players	9 or 10 players	9 players	9 or 10 players
Minimum Play	Every player shall play the entire game. Continuous batting order.	Equal playing time for all players. Two (2) defensive innings must be played at an infield position. Continuous batting order.	Equal playing time for all players. Two (2) defensive innings must be played at an infield position. Continuous batting order.	3 full innings of defense, continuous batting order.	6 defensive outs, continuous batting order	3 full innings of defense, continuous batting order.	6 defensive outs, continuous batting order	6 defensive outs, [with continuous batting order**]; then 9 player batting order with minimum of 1 at bat.	6 defensive outs, continuous batting order
Pitcher	Batter hits off a tee	Machine pitches to own team. Limit of 7 pitches/batter. No walks or hit-by-pitch. Swinging strike outs apply.	Machine pitches to own team. Limit of 7 pitches/batter. No walks or hit-by-pitch. Swinging strike outs apply.	Kid pitches to opposing team. Standard balls and strikes including walks, hit-by-pitch, and strike-outs. [Machine pitch if team runs out of pitchers: Limit of 7 pitches/batter; No walks or hit-by-pitch; Swinging strike outs apply.]	Kid pitches to opposing team. Standard balls and strikes including walks, hit-by-pitch, and strike-outs.	Kid pitches to opposing team. Standard balls and strikes including walks, hit-by-pitch, and strike-outs. [Machine pitch if team runs out of pitchers: Limit of 7 pitches/batter; No walks or hit-by-pitch; Swinging strike outs apply.]	Kid pitches to opposing team. Standard balls and strikes including walks, hit-by-pitch, and strike-outs.	Kid pitches to opposing team. Standard balls and strikes including walks, hit-by-pitch, and strike-outs.	Kid pitches to opposing team. Standard balls and strikes including walks, hit-by-pitch, and strike-outs.
Pitch Count	NA	NA	NA	Pitch count rules apply. Sheets signed by both managers after each game and sheets kept in shed.	Pitch count rules apply. Sheets signed by both managers after each game and sheets kept in booth.	NA	NA	Pitch count rules apply. Sheets signed by both managers after each game and sheets kept in booth.	NA
Baserunning	No steals. Runners stop once the ball has been returned to the infield. Runners may circle the bases on last batter.	No steals. Runners stop once the ball has been returned to the infield.	No steals. Runners stop once the ball has been returned to the infield.	Steals allowed. Defense is responsible for stopping baserunners progress. Can not steal home.	Steals allowed. Defense is responsible for stopping baserunners progress. Dropped 3rd strike rule implemented at this level.	Steals allowed. Defense is responsible for stopping baserunners progress. Can not steal home.	Steals allowed. Defense is responsible for stopping baserunners progress. Dropped 3rd strike rule implemented at this level	Steals allowed. Defense is responsible for stopping baserunners progress.	Steals allowed. Defense is responsible for stopping baserunners progress.
Advanced Baserunning	No bases may be taken on an overthrow.	One base is awarded on any overthrow.	One base is awarded on any overthrow.	No lead-offs. Runner advances at own risk once the ball reaches the batter.	Runner advances at own risk once the ball reaches the batter.	Runner advances at own risk once the ball reaches the batter.	Runner advances at own risk once the ball leaves the pitchers hand.	Lead offs allowed.	Runner advances at own risk once the ball leaves the pitchers hand.
Batting	Bunting is not allowed	Bunting is not allowed	Bunting is not allowed	Bunting is allowed. Slash bunting prohibited.	Bunting is allowed. Slash bunting strongly discouraged.	Bunting is allowed. Slash bunting prohibited.	Bunting is allowed. Slash bunting strongly discouraged.	Bunting is allowed.	Bunting is allowed.
Scoring	Scores will not be kept	5 run limit per inning*.	5 run limit per inning*.	5 run limit per inning*. 10-run mercy rule after the 4th inning.	No run limit per inning. 10-run mercy rule after the 4th inning.	5 run limit per inning*. 10-run mercy rule after the 4th inning.	5 run limit per inning** 10-run mercy rule after the 4th inning.	10-run mercy rule after the 5th inning.	10-run mercy rule after the 5th inning.
Time Limit	No new inning after minutes.	No new inning after 90 minutes.	No new inning after 90 minutes.	No new inning after 2 hours	No new inning after 2.5 hours	No new inning after 2 hours	No new inning after 2 hours	No new inning after 2.5 hours	No new inning after 2 hours
Umpire	Home team provide parent umpire for plate and visiting team provide umpire for field.	Home team provide parent umpire for plate and visiting team provide umpire for field.	Home team provide parent umpire for plate and visiting team provide umpire for field.	Home team provide parent umpire for plate and visiting team provide umpire for field.	League will provide one adult umpire for plate. A second field umpire is desired.	Home team provide parent umpire for plate and visiting team provide umpire for field.	League will provide one adult umpire for plate. A second field umpire is desired.	League will provide one adult umpire for plate. A second field umpire is desired.	League will provide one adult umpire for plate. A second field umpire is desired.

* There is no 5 run limit for the last inning of the game, last inning needs to be declared by umpire prior to beginning of the inning if other than full game.

**This rule is in place for half the season or until all managers, league vp and player agent determine a discontinue date.

It is suggested this memo should be reproduced on your league's letterhead over the signature of your president or safety officer and distributed to the parents of all participants at registration time.

WARNING: Protective equipment cannot prevent all injuries a player might receive while participating in Baseball / Softball.

WHAT PARENTS SHOULD KNOW ABOUT LITTLE LEAGUE® INSURANCE

The Little League Insurance Program is designed to afford protection to all participants at the most economical cost to the local league. The Little League Player Accident Policy is an excess coverage, accident only plan, to be used as a supplement to other insurance carried under a family policy or insurance provided by an employer. If there is no primary coverage, Little League insurance will provide benefits for eligible charges, up to Usual and Customary allowances for your area. A \$50 deductible applies for all claims, up to the maximum stated benefits.

This plan makes it possible to offer exceptional, affordable protection with assurance to parents that adequate coverage is in force for all chartered and insured Little League approved programs and events.

If your child sustains a covered injury while taking part in a scheduled Little League Baseball or Softball game or practice, here is how the insurance works:

1. The Little League Baseball and Softball accident notification form must be completed by parents (if the claimant is under 19 years of age) and a league official and forwarded directly to Little League Headquarters within 20 days after the accident. A photocopy of the form should be made and kept by the parent/claimant. Initial medical/dental treatment must be rendered within 30 days of the Little League accident.
2. Itemized bills, including description of service, date of service, procedure and diagnosis codes for medical services/ supplies and/or other documentation related to a claim for benefits are to be provided within 90 days after the accident. In no event shall such proof be furnished later than 12 months from the date the initial medical expense was incurred.
3. When other insurance is present, parents or claimant must forward copies of the Explanation of Benefits or Notice/ Letter of Denial for each charge directly to Little League International, even if the charges do not exceed the deductible of the primary insurance program.
4. Policy provides benefits for eligible medical expenses incurred within 52 weeks of the accident, subject to Excess Coverage and Exclusion provisions of the plan.
5. Limited deferred medical/dental benefits may be available for necessary treatment after the 52-week time limit when:
 - (a) Deferred medical benefits apply when necessary treatment requiring the removal of a pin /plate, applied to transfix a bone in the year of injury, or scar tissue removal, after the 52-week time limit is required. The Company will pay the Reasonable Expense incurred, subject to the Policy's maximum limit of \$100,000 for any one injury to any one Insured. However, in no event will any benefit be paid under this provision for any expenses incurred more than 24 months from the date the injury was sustained.
 - (b) If the Insured incurs Injury, to sound, natural teeth and Necessary Treatment requires treatment for that Injury be postponed to a date more than 52 weeks after the injury due to, but not limited to, the physiological changes of a growing child, the Company will pay the lesser of: 1. A maximum of \$1,500 or 2. Reasonable Expenses incurred for the deferred dental treatment.

Reasonable Expenses incurred for deferred dental treatment are only covered if they are incurred on or before the Insured's 23rd birthday. Reasonable Expenses incurred for deferred root canal therapy are only covered if they are incurred within 104 weeks after the date the Injury occurs.

No payment will be made for deferred treatment unless the Physician submits written certification, within 52 weeks after the accident, that the treatment must be postponed for the above stated reasons.

Benefits are payable subject to the Excess Coverage and the Exclusions provisions of the Policy.

We hope this brief summary has been helpful in providing a better understanding of the operation of the Little League insurance program.



Little League® Baseball and Softball MEDICAL RELEASE



NOTE: To be carried by any Regular Season or Tournament Team Manager together with team roster or International Tournament affidavit.

Player: _____ Date of Birth: _____ Gender (M/F): _____

Parent (s)/Guardian Name: _____ Relationship: _____

Parent (s)/Guardian Name: _____ Relationship: _____

Player's Address: _____ City: _____ State/Country: _____ Zip: _____

Home Phone: _____ Work Phone: _____ Mobile Phone: _____

PARENT OR LEGAL GUARDIAN AUTHORIZATION: Email: _____

In case of emergency, if family physician cannot be reached, I hereby authorize my child to be treated by Certified Emergency Personnel. (i.e. EMT, First Responder, E.R. Physician)

Family Physician: _____ Phone: _____

Address: _____ City: _____ State/Country: _____

Hospital Preference: _____

Parent Insurance Co: _____ Policy No.: _____ Group ID#: _____

League Insurance Co: _____ Policy No.: _____ League/Group ID#: _____

If parent(s)/legal guardian cannot be reached in case of emergency, contact:

Name Phone Relationship to Player

Name Phone Relationship to Player

Please list any allergies/medical problems, including those requiring maintenance medication. (i.e. Diabetic, Asthma, Seizure Disorder)

Medical Diagnosis	Medication	Dosage	Frequency of Dosage

Date of last Tetanus Toxoid Booster: _____

The purpose of the above listed information is to ensure that medical personnel have details of any medical problem which may interfere with or alter treatment.

Mr./Mrs./Ms. _____
Authorized Parent/Guardian Signature Date:

FOR LEAGUE USE ONLY:

League Name: _____ League ID: _____

Division: _____ Team: _____ Date: _____

WARNING: PROTECTIVE EQUIPMENT CANNOT PREVENT ALL INJURIES A PLAYER MIGHT RECEIVE WHILE PARTICIPATING IN BASEBALL/SOFTBALL.
Little League does not limit participation in its activities on the basis of disability, race, color, creed, national origin, gender, sexual preference or religious preference.



LITTLE LEAGUE® BASEBALL AND SOFTBALL ACCIDENT NOTIFICATION FORM INSTRUCTIONS

Send Completed Form To:
 Little League® International
 539 US Route 15 Hwy, PO Box 3485
 Williamsport PA 17701-0485
Accident Claim Contact Numbers:
 Phone: 570-327-1674 Fax: 570-326-9280

1. This form must be completed by parents (if claimant is under 19 years of age) and a league official and forwarded to Little League Headquarters within 20 days after the accident. A photocopy of this form should be made and kept by the claimant/parent. Initial medical/dental treatment must be rendered within 30 days of the Little League accident.
2. Itemized bills including description of service, date of service, procedure and diagnosis codes for medical services/supplies and/or other documentation related to claim for benefits are to be provided within 90 days after the accident date. In no event shall such proof be furnished later than 12 months from the date the medical expense was incurred.
3. When other insurance is present, parents or claimant must forward copies of the Explanation of Benefits or Notice/Letter of Denial for each charge directly to Little League Headquarters, even if the charges do not exceed the deductible of the primary insurance program.
4. Policy provides benefits for eligible medical expenses incurred within 52 weeks of the accident, subject to Excess Coverage and Exclusion provisions of the plan.
5. **Limited** deferred medical/dental benefits may be available for necessary treatment incurred after 52 weeks. Refer to insurance brochure provided to the league president, or contact Little League Headquarters within the year of injury.
6. Accident Claim Form must be fully completed - including Social Security Number (SSN) - for processing.

League Name				League I.D.	
Name of Injured Person/Claimant		SSN	Date of Birth (MM/DD/YY)		Age
Name of Parent/Guardian, if Claimant is a Minor			Home Phone (Inc. Area Code)	Bus. Phone (Inc. Area Code)	Sex <input type="checkbox"/> Female <input type="checkbox"/> Male
Address of Claimant			Address of Parent/Guardian, if different		

The Little League Master Accident Policy provides benefits in **excess** of benefits from other insurance programs subject to a \$50 deductible per injury. "Other insurance programs" include family's personal insurance, student insurance through a school or insurance through an employer for employees and family members. Please CHECK the appropriate boxes below. If YES, follow instruction 3 above.

Does the insured Person/Parent/Guardian have any insurance through:

Employer Plan	<input type="checkbox"/> Yes <input type="checkbox"/> No	School Plan	<input type="checkbox"/> Yes <input type="checkbox"/> No
Individual Plan	<input type="checkbox"/> Yes <input type="checkbox"/> No	Dental Plan	<input type="checkbox"/> Yes <input type="checkbox"/> No

Date of Accident	Time of Accident	Type of Injury
	<input type="checkbox"/> AM <input type="checkbox"/> PM	

Describe exactly how accident happened, including playing position at the time of accident:

Check all applicable responses in **each** column:

<input type="checkbox"/> BASEBALL	<input type="checkbox"/> CHALLENGER (4-18)	<input type="checkbox"/> PLAYER	<input type="checkbox"/> TRYOUTS	<input type="checkbox"/> SPECIAL EVENT (NOT GAMES)
<input type="checkbox"/> SOFTBALL	<input type="checkbox"/> T-BALL (4-7)	<input type="checkbox"/> MANAGER, COACH	<input type="checkbox"/> PRACTICE	<input type="checkbox"/> SPECIAL GAME(S)
<input type="checkbox"/> CHALLENGER	<input type="checkbox"/> MINOR (6-12)	<input type="checkbox"/> VOLUNTEER UMPIRE	<input type="checkbox"/> SCHEDULED GAME	(Submit a copy of your approval from Little League Incorporated)
<input type="checkbox"/> TAD (2ND SEASON)	<input type="checkbox"/> LITTLE LEAGUE (9-12)	<input type="checkbox"/> PLAYER AGENT	<input type="checkbox"/> TRAVEL TO	
	<input type="checkbox"/> INTERMEDIATE (50/70) (11-13)	<input type="checkbox"/> OFFICIAL SCOREKEEPER	<input type="checkbox"/> TRAVEL FROM	
	<input type="checkbox"/> JUNIOR (12-14)	<input type="checkbox"/> SAFETY OFFICER	<input type="checkbox"/> TOURNAMENT	
	<input type="checkbox"/> SENIOR (13-16)	<input type="checkbox"/> VOLUNTEER WORKER	<input type="checkbox"/> OTHER (Describe)	
	<input type="checkbox"/> BIG (14-18)			

I hereby certify that I have read the answers to all parts of this form and to the best of my knowledge and belief the information contained is complete and correct as herein given.

I understand that it is a crime for any person to intentionally attempt to defraud or knowingly facilitate a fraud against an insurer by submitting an application or filing a claim containing a false or deceptive statement(s). See Remarks section on reverse side of form.

I hereby authorize any physician, hospital or other medically related facility, insurance company or other organization, institution or person that has any records or knowledge of me, and/or the above named claimant, or our health, to disclose, whenever requested to do so by Little League and/or National Union Fire Insurance Company of Pittsburgh, Pa. A photostatic copy of this authorization shall be considered as effective and valid as the original.

Date	Claimant/Parent/Guardian Signature (In a two parent household, both parents must sign this form.)
Date	Claimant/Parent/Guardian Signature

For Residents of California:

Any person who knowingly presents a false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

For Residents of New York:

Any person who knowingly and with the intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and shall also be subject to a civil penalty not to exceed five thousand dollars and the stated value of the claim for each such violation.

For Residents of Pennsylvania:

Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

For Residents of All Other States:

Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

PART 2 - LEAGUE STATEMENT (Other than Parent or Claimant)

Name of League	Name of Injured Person/Claimant	League I.D. Number
Name of League Official		Position in League
Address of League Official		Telephone Numbers (Inc. Area Codes) Residence: () Business: () Fax: ()

Were you a witness to the accident? Yes No
Provide names and addresses of any known witnesses to the reported accident.

Check the boxes for all appropriate items below. At least one item in each column must be selected.

POSITION WHEN INJURED	INJURY	PART OF BODY	CAUSE OF INJURY
<input type="checkbox"/> 01 1ST	<input type="checkbox"/> 01 ABRASION	<input type="checkbox"/> 01 ABDOMEN	<input type="checkbox"/> 01 BATTED BALL
<input type="checkbox"/> 02 2ND	<input type="checkbox"/> 02 BITES	<input type="checkbox"/> 02 ANKLE	<input type="checkbox"/> 02 BATTING
<input type="checkbox"/> 03 3RD	<input type="checkbox"/> 03 CONCUSSION	<input type="checkbox"/> 03 ARM	<input type="checkbox"/> 03 CATCHING
<input type="checkbox"/> 04 BATTER	<input type="checkbox"/> 04 CONTUSION	<input type="checkbox"/> 04 BACK	<input type="checkbox"/> 04 COLLIDING
<input type="checkbox"/> 05 BENCH	<input type="checkbox"/> 05 DENTAL	<input type="checkbox"/> 05 CHEST	<input type="checkbox"/> 05 COLLIDING WITH FENCE
<input type="checkbox"/> 06 BULLPEN	<input type="checkbox"/> 06 DISLOCATION	<input type="checkbox"/> 06 EAR	<input type="checkbox"/> 06 FALLING
<input type="checkbox"/> 07 CATCHER	<input type="checkbox"/> 07 DISMEMBERMENT	<input type="checkbox"/> 07 ELBOW	<input type="checkbox"/> 07 HIT BY BAT
<input type="checkbox"/> 08 COACH	<input type="checkbox"/> 08 EPIPHYSES	<input type="checkbox"/> 08 EYE	<input type="checkbox"/> 08 HORSEPLAY
<input type="checkbox"/> 09 COACHING BOX	<input type="checkbox"/> 09 FATALITY	<input type="checkbox"/> 09 FACE	<input type="checkbox"/> 09 PITCHED BALL
<input type="checkbox"/> 10 DUGOUT	<input type="checkbox"/> 10 FRACTURE	<input type="checkbox"/> 10 FATALITY	<input type="checkbox"/> 10 RUNNING
<input type="checkbox"/> 11 MANAGER	<input type="checkbox"/> 11 HEMATOMA	<input type="checkbox"/> 11 FOOT	<input type="checkbox"/> 11 SHARP OBJECT
<input type="checkbox"/> 12 ON DECK	<input type="checkbox"/> 12 HEMORRHAGE	<input type="checkbox"/> 12 HAND	<input type="checkbox"/> 12 SLIDING
<input type="checkbox"/> 13 OUTFIELD	<input type="checkbox"/> 13 LACERATION	<input type="checkbox"/> 13 HEAD	<input type="checkbox"/> 13 TAGGING
<input type="checkbox"/> 14 PITCHER	<input type="checkbox"/> 14 PUNCTURE	<input type="checkbox"/> 14 HIP	<input type="checkbox"/> 14 THROWING
<input type="checkbox"/> 15 RUNNER	<input type="checkbox"/> 15 RUPTURE	<input type="checkbox"/> 15 KNEE	<input type="checkbox"/> 15 THROWN BALL
<input type="checkbox"/> 16 SCOREKEEPER	<input type="checkbox"/> 16 SPRAIN	<input type="checkbox"/> 16 LEG	<input type="checkbox"/> 16 OTHER
<input type="checkbox"/> 17 SHORTSTOP	<input type="checkbox"/> 17 SUNSTROKE	<input type="checkbox"/> 17 LIPS	<input type="checkbox"/> 17 UNKNOWN
<input type="checkbox"/> 18 TO/FROM GAME	<input type="checkbox"/> 18 OTHER	<input type="checkbox"/> 18 MOUTH	
<input type="checkbox"/> 19 UMPIRE	<input type="checkbox"/> 19 UNKNOWN	<input type="checkbox"/> 19 NECK	
<input type="checkbox"/> 20 OTHER	<input type="checkbox"/> 20 PARALYSIS/ PARAPLEGIC	<input type="checkbox"/> 20 NOSE	
<input type="checkbox"/> 21 UNKNOWN		<input type="checkbox"/> 21 SHOULDER	
<input type="checkbox"/> 22 WARMING UP		<input type="checkbox"/> 22 SIDE	
		<input type="checkbox"/> 23 TEETH	
		<input type="checkbox"/> 24 TESTICLE	
		<input type="checkbox"/> 25 WRIST	
		<input type="checkbox"/> 26 UNKNOWN	
		<input type="checkbox"/> 27 FINGER	

Does your league use batting helmets with attached face guards? YES NO
If YES, are they Mandatory or Optional At what levels are they used?

I hereby certify that the above named claimant was injured while covered by the Little League Baseball Accident Insurance Policy at the time of the reported accident. I also certify that the information contained in the Claimant's Notification is true and correct as stated, to the best of my knowledge.

Date	League Official Signature
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Little League® Baseball & Softball CLAIM FORM INSTRUCTIONS



WARNING — It is important that parents/guardians and players note that: *Protective equipment cannot prevent all injuries a player might receive while participating in baseball/softball.*

To expedite league personnel's reporting of injuries, we have prepared guidelines to use as a checklist in completing reports. It will save time -- and speed your payment of claims.

The National Union Fire Insurance Company of Pittsburgh, Pa. (NUFIC) Accident Master Policy acquired through Little League® contains an "Excess Coverage Provision" whereby all personal and/or group insurance shall be used first.

The Accident Claim Form must be fully completed, including a Social Security Number, for processing. To help explain insurance coverage to parents/guardians refer to *What Parents Should Know* on the internet that should be reproduced on your league's letterhead and distributed to parents/guardians of all participants at registration time.

If injuries occur, initially it is necessary to determine whether claimant's parents/guardians or the claimant has other insurance such as group, employer, Blue Cross and Blue Shield, etc., which pays benefits. (This information should be obtained at the time of registration prior to tryouts.) If such coverage is provided, the claim must be filed first with the primary company under which the parent/guardian or claimant is insured.

When filing a claim, all medical costs should be fully itemized and forwarded to Little League International. If no other insurance is in effect, a letter from the parent/guardian or claimant's employer explaining the lack of group or employer insurance should accompany the claim form.

The NUFIC Accident Policy is acquired by leagues, not parents, and provides comprehensive coverage at an affordable cost. Accident coverage is underwritten by National Union Fire Insurance Company of Pittsburgh, a Pennsylvania Insurance company, with its principal place of business at 175 Water Street, 18th Floor, New York, NY 10038. It is currently authorized to transact business in all states and the District of Columbia. NAIC Number 19445. This is a brief description of the coverage available under the policy. The policy will contain limitations, exclusions, and termination provisions. Full details of the coverage are contained in the Policy. If there are any conflicts between this document and the Policy, the Policy shall govern.

The current insurance rates would not be possible without your help in stressing safety programs at the local level. The ASAP manual, **League Safety Officer Program Kit**, is recommended for use by your Safety Officer.

TREATMENT OF DENTAL INJURIES

Deferred Dental Treatment for claims or injuries occurring in 2002 and beyond: If the insured incurs injury to sound, natural teeth and necessary treatment requires that dental treatment for that injury must be postponed to a date more than 52 weeks after the date of the injury due to, but not limited to, the physiological changes occurring to an insured who is a growing child, we will pay the lesser of the maximum benefit of \$1,500.00 or the reasonable expense incurred for the deferred dental treatment. Reasonable expenses incurred for deferred dental treatment are only covered if they are incurred on or before the insured's 23rd birthday. Reasonable Expenses incurred for deferred root canal therapy are only covered if they are incurred within 104 weeks after the date the Injury is sustained.

CHECKLIST FOR PREPARING CLAIM FORM

1. Print or type all information.
2. Complete all portions of the claim form before mailing to our office.
3. Be sure to include league name and league ID number.

PART I - CLAIMANT, OR PARENT(S)/GUARDIAN(S), IF CLAIMANT IS A MINOR

1. The adult claimant or parent(s)/guardians(s) must sign this section, **if the claimant is a minor.**
2. Give the name and address of the injured person, along with the name and address of the parent(s)/guardian(s), if claimant is a minor.
3. Fill out all sections, including check marks in the appropriate boxes for all categories. **Do not leave any section blank. This will cause a delay in processing your claim and a copy of the claim form will be returned to you for completion.**
4. It is mandatory to forward information on other insurance. Without that information there will be a delay in processing your claim. If no insurance, written verification from each parent/spouse employer must be submitted.
5. Be certain all necessary papers are attached to the claim form. (See instruction 3.) Only itemized bills are acceptable.
6. On dental claims, it is necessary to submit charges to the major medical and dental insurance company of the claimant, or parent(s)/guardian(s) if claimant is a minor. "Accident-related treatment to whole, sound, natural teeth as a direct and independent result of an accident" must be stated on the form and bills. Please forward a copy of the insurance company's response to Little League International. Include the claimant's name, league ID, and year of the injury on the form.

PART II - LEAGUE STATEMENT

1. This section must be filled out, signed and dated by the **league official.**
2. Fill out all sections, including check marks in the appropriate boxes for all categories. **Do not leave any section blank. This will cause a delay in processing your claim and a copy of the claim form will be returned to you for completion.**

IMPORTANT: Notification of a claim should be filed with Little League International within 20 days of the incident for the current season.



LITTLE LEAGUE® GOOD SPORT AWARD

exemplifies the “GOOD SPORT” attitude and team spirit associated with Little League Baseball and Softball.
By virtue of this exemplary behavior and adherence to the principles of fair play and sportsmanship, you are now designated a Little League Good Sport.

Stephen D. Keener

PRESIDENT AND CHIEF EXECUTIVE OFFICER
LITTLE LEAGUE® BASEBALL AND SOFTBALL.

PROUDLY SPONSORED BY

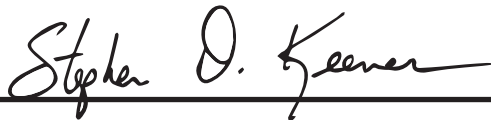


DATE



IS PRESENTED WITH THE
LITTLE LEAGUE®
MOM OF THE YEAR AWARD

In recognition of your commitment and loyalty to family, your dedication to Little League,
and your contribution to the community.



PRESIDENT AND CHIEF EXECUTIVE OFFICER
LITTLE LEAGUE® BASEBALL AND SOFTBALL.

PROUDLY SPONSORED BY



DATE

Little League -- Baseball Game Pitch Log

Team _____ Opponent _____ Date _____

Pitcher's Name	Uniform Number	League Age	X Cross out the number as that pitch is thrown.																																		
			O Circle the number for the last pitch thrown in each half-inning.																																		
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35
			36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70
			71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100	101	102	103	104	105

Pitching eligibility varies by the league age of the pitcher, which is the pitcher's age as of May 1 of the current year. The pitching eligibility regulation is Regulation VI (see current rule book for details). A blank electronic version of this form is available for free download at www.littleleague.org.