

## **LHHS Youth Football Camp**

### **Football Camp**

*Supported by the Licking Heights Athletic Department*

This instructional football camp is for students going into grades 1 thru 6 in the fall of the upcoming school year.

This camp is held in the summer (June) and the High School football stadium. All players will be grouped by upcoming grade level (first grade, second grade, etc.) Instruction and Coaching will be volunteered by the LH High School Varsity football coaches and players.

Participants will be taught on football fundamentals, conditioning, and receive instruction in offensive and defensive skills. Participants may also compete in grade level competitions such as Punt, Pass, and Kicking. Awards will be given for first, second, and third place in each event.

Each participant will be given a Camp t-shirt.

Each participant is expected to wear athletic clothing appropriate for weather, Cleats (football or soccer), and water for hydration.

To register for the LH Youth Football Camp you can go to the “Open Programs” tab on the LHYSL website and follow the registration process