

Softball Programs for Grades 5 & 6

Spring (Late April - Early June) - Majors Softball 5/6

Majors Softball 5/6 teams play in the competitive Metrowest Girls Softball League. At this level, most of the players have developed an understanding of the game and have several seasons of experience. Emphasis is on skill development/improvement, situational awareness, communication, and understanding the game. Pitcher and catcher development is very important.

Games and Practices: Two 6 inning (1 hour and 45 minute time limit) games each week on Tuesdays and Thursdays at 6:00 PM.

Practices: Typically one practice each week on Saturday mornings once games start. Prior to that, coaches may hold some weeknight practices based on availability of fields and players.
Where: Home games are at the Warren Fields. Away games are in surrounding towns.
Equipment Needed: A glove, a fielding mask, a pair of softball pants, and a great attitude! Bats and helmets will be available for those who don't have their own. Fielding masks are encouraged for pitchers and infielders, but are not required.
Registration: Opens in early October for the following spring.

Fall (September - Late October) - Majors Softball 5/6

Majors Softball 5/6 "Fall ball" is a recreational travel division. The rules are the same as spring.

Games and Practices: One 6 inning (90 minute limit) game on Sundays (1:00 PM-ish) **Practices:** Typically one weekday evening practice each week.

Where: Home games are at the Warren Fields. Away games are in surrounding towns. Equipment Needed: A glove and a desire to have a LOT of fun! Bats and helmets will be provided for those who don't have them. Fielding masks are encouraged for pitchers and infielders but are not required.

Registration: Opens in late spring for the following fall.

Summer (Late June - End of July) - Twin Valley League 12U** Softball

12U Softball plays in the highly competitive Twin Valley Girls Softball League. It is a travel softball division with a regular season and playoffs. A 12" standard softball is used at this level and pitchers and infielders are encouraged to wear a fielding mask. All players will play in the field in each game, but they may not play every position during the season. This is a competitive league that includes girls in 5th, 6th, and 7th grades. Our numbers have increased over the past several years and we will likely be implementing a tryout for these summer teams in the coming year.

IMPORTANT: It is important that players who commit to this summer team are available for the bulk of the games and practices. With this in mind, coaches do not schedule mandatory weekend practices. If you know that your daughter will be away for significant time during the season, please discuss with the AYBS Softball VP (<u>softballvp@aybsonline.org</u>) prior to registration.

Games and Practices: Two 6 inning (1 hour and 45 minute time limit) games each week on Tuesdays and Thursdays at 6:00 PM. 10 game season with playoffs during last week in July. **Practices:** One or two practices each week on weeknights. Optional practices on weekends held by some coaches.

Where: Home games are at the Warren Fields. Away games are in surrounding towns. Equipment Needed: A glove, a fielding mask, a pair of softball pants, and a great attitude! Bats and helmets will be available for those who don't have their own. Registration: Opens in late April or early May for that summer.

** Please note that 5th girls born between January 1 and August 31 are age eligible for 10U softball and 7th grade girls born between January 1 and August 31 are age eligible for 12U softball. Placements will take into account a player's age eligibility.