

Medical Release Form

I certify that _____

is physically fit for playing baseball.

Please list any allergies, special conditions, or special needs:

Insurance Information

Company: _____

Policy Number: _____

Doctor's Name: _____

Doctor's Number: _____

Emergency Contact & Number:

In the event my son/daughter suffers any accident requiring medical treatment, I hereby give permission for medical treatment, which may be deemed necessary and reasonable under the circumstances.

Parent's Signature



Purpose of this camp:

To enhance and develop the mechanical and mental fundamentals vital to the development of baseball players dedicated to improving their overall game. The campers will be exposed in detail to every aspect of the game in a structured and competitive atmosphere, conducive to bringing out the best in each player.



5th Annual Godwin Eagles Baseball Camp 2018



Monday June 25th –
Thursday June 28th

— —
9:00 am to 2:00 pm
— —

2018 Mills Godwin Baseball Camp Information

Ages 7 to 14

Cost

- \$125.00 on or before May 25th
- \$150.00 after May 25th
- A Non-Refundable Deposit of \$70.00 is required with all camp registration applications.
- Balance is due Monday, June 25th during registration.

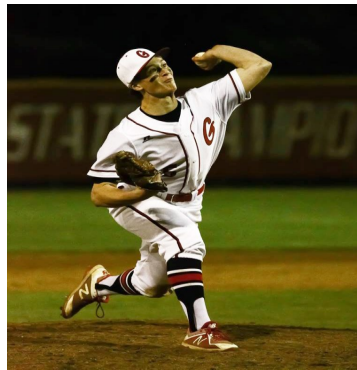
All checks need to be made out to :

Mills E. Godwin High School

Details

- Camp is limited to the first 100 registrants.
- Cost includes instruction and camp t-shirt.
- Campers should wear proper baseball attire.
- Players are invited to bring their own bats and other baseball equipment. Please mark the equipment with their names.
- Campers need to bring their own lunch, snacks and water bottle.
- Each player will have the opportunity to gain knowledge in a primary and a secondary position.
- Baseball games each day include Incrediball, Indian baseball, and kickball.
- Friday will be a rain make-up day.

Photo Credits: Sandy Spicknall and Thor Macht



Camp will be held on the Godwin Baseball Field and surrounding Athletic Fields.

Below is a sample daily schedule.

8:45	Check in
9:00-9:40	Stretching and Throwing Drills
9:40-9:50	Break, Station Rotation
9:50-10:25	Team Concepts: Base Running
10:25-10:35	Break, Station Rotation
10:35-11:15	Primary Defense: P, C, INE, OF
11:15-12:00	Lunch
12:00-12:35	Hitting Stations
12:35-12:45	Break, Station Rotation
12:45-1:10	Cut Offs & Relays
1:10-1:20	Break, Station Rotation
1:20-2:00	Game

Please be sure to complete both sides

2018 Godwin Camp Application

Camper Name - _____

Address - _____

Parent Work or Cell Phone - _____

Home Phone - _____

E-mail - _____

Camper's Age - _____

Entering Grade (18/19) - _____

School - _____

Shirt Size (Circle One)

Kids M Kids L Adult S Adult M

Adult L Adult XL Adult XXL

Camp Sign-Up on/before May 25th \$125.00
(\$70 deposit required, \$55 due on June 25th)

Camp Sign-Up after May 25th \$150.00
(\$70 deposit required, \$80 due on June 25th)

Complete both sides, cut out and return:

**Coach John Fletcher
Godwin HS Baseball Camp**

2101 Pump Road, Richmond, VA 23238

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