

LONG BEACH LITTLE LEAGUE SAFETY PLAN 2020

SUBJECT: LEAGUE SAFETY PROTOCOL

DATE: 08/2020

Long Beach Little League will use recommendations set forth by Little League Inc, State of California, and the City of Long Beach to prepare the following document. Please be aware that as conditions change, we will update our current plan as needed.

Note-These Guidelines mirror the *Protocols for Youth Sports Programs of Long Beach -Rev 8/13/20-Attached*

GUIDELINES FOR RETURN TO PLAY* Make sure that **social distancing and wearing a mask** is followed by all league personal.

Face Covering

All players, coaches, family members and visitors are required to wear an appropriate face covering that always covers the nose and the mouth in compliance with City and CDC Guidelines. Exceptions may include while eating/drinking or engaging in physical exertion. (running /conditioning). Masks with one-way valves may not be used. Individuals who have been instructed not to wear a face covering by their medical provider due to a medical condition, mental health condition, or disability that prevents wearing a face covering are exempt from wearing one. Players should take a break from exercise if any difficulty breathing is noted and should change their mask or face covering if it becomes wet and sticks to the player's face and obstructs breathing. Masks that restrict airflow under heavy exertion (such as N95 masks) are not advised for exercise.

Player and Coach Screening

Screening is conducted before players and coaches may participate. See COVID 19 Checklist. Checks must include a check-in concerning fever, cough, shortness of breath, difficulty breathing and fever or chills, or fever and any other symptoms and whether the person has had contact with a person known or suspected to be infected with the Novel Coronavirus (COVID-19) within the last 14 days. These checks can be done in person or through alternative methods such as on-line check in systems.

- ☐ If the person has no symptoms and no contact to a known or suspected COVID19 case in the last 14 days, they can be cleared to participate for that day.
- ☐ If the person has had contact to a known or suspected COVID-19 case in the last 14 days they should be sent home immediately and asked to quarantine at home. Provide them with the quarantine instructions found here.
- ☐ If the person is showing any of the symptoms noted above, they should be sent home immediately and asked to isolate at home

Team and Player Safety Protocols

- Make sure player has no symptoms related to the Corona Virus (temp of 100.4) before arriving at the field. If they appear sick, they will be held out of practice until parent picks them up. You will be asked to quarantine for 14 days or cleared by a doctor.
- Do not arrive more than 10 minutes before scheduled practice time. Carpooling is discouraged.
- Make sure you have washed your hands and **sanitized** your equipment. Bring your own water bottle and do not share with other players. Bring your sanitizer for your player
- Parents should plan to drop off players and not sit in stands. If a parent must attend, they are asked to **social distance** and **wear a mask**.
- Teams practicing on Huntley Field will enter field through gate or first base dugout. When exiting field, use the third base dugout. Teams using Buckle Field will enter through gate or first base dugout. They will exit through the third base dugout.
- Teams will be asked to follow **social distancing** during warm- ups.
STRETCHING- separate in a space to allow 6 feet apart
RUNNING- run as a team spaced 6 feet apart.
THROWING- ensure throwing distance is at least 6 feet apart.
- L.B.L.L. will supply each dugout with hand sanitizer. Any field maintenance equipment used is completely sanitized by person using equipment.
- Only teams with scheduled times on field will be allowed in batting cages. No sharing or splitting of cages. Limit one player and one coach at a time in cages.
- At teams first practice, managers and coaches will go over all safety protocols with players.
- Managers and coaches should keep groups to 2 to 3 players when working on the side.
- If one bat is being used by multiple players, it must be wiped down before the next player uses the bat. All catching equipment, helmets and team equipment will be sanitized after each use (1 coach to monitor). Players will be encouraged to have their own equipment.
- Team managers will be given access to Snack Shack for FIRST AID AND ICE only.
- Snack Shack will not be open for purchases.

- Restrooms will have be monitored by league personal. One person at a time, with floor markings to indicate proper spacing.
- All players will be encouraged to use hand sanitizer when leaving the field.
- Everyone is asked to please, obey **social distancing rules** and limit their time at Stearns Park.

BOARD MEMBER ON DUTY- player and spectator management.

- Must wear a mask
- Will monitor activity at all fields. Remind spectators, players, managers, and coaches about social distancing.

PARENTS

- The Board of Directors appreciates each and everyone involved in Long Beach Little League. We ask that when you are at the park please wear your face covering and practice social distancing. Thank you for your cooperation.