



Return to Play Phase III

Intro of Practices & Scrimmages



Players

- ***If player is sick, feels sick, or is an at-risk individual STAY HOME.***
- Players to use own soccer ball.
- Players set equipment (bags, water bottles) away from others.
- Players use hand sanitizer before, during and after training.
- Players wear mask upon arrival and departure of fields.
- Players wear mask when not physically active and not maintaining social distancing at least six feet.
- Players avoid sharing equipment, snacks, and water bottles.
- Players avoid picking up field equipment, move goals, or handle training equipment.
- Players avoid celebrations (hugs, high-fives, handshakes).

Changes from Phase II highlighted in yellow



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Parents

- *If player is sick, feels sick, or is an at-risk individual **STAY HOME**.*
- Parents/players sanitize equipment before and after training.
- Parents limit carpooling to only members of the same family.
- Parents maintain social distance and avoid congregating on the training fields.
- Parents adhere to all Reporting and Return to Play protocols.

Changes from Phase II highlighted in yellow

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Club/Coaches/Managers

- ***Ask if any player is sick or feels sick before each training session.***
- Provide sanitization options onsite (hand sanitizer and disinfectant wipes).
- Minimize physical contact during training sessions.
- Minimize training which creates opportunity for contact with other player's equipment (headers, throw-ins).
- No league games or tournaments. **Day camps are allowed.**
- **Controlled intra-club scrimmages are allowed. No inter-club scrimmages or friendlies.**
- Adhere to all Reporting and Return to Play protocols.
- Wear mask upon arrival and departure of fields.
- Wear mask when not physically active and not maintaining social distancing of at least six feet.
- Comply with local and regional guidelines for the appropriate number of people participating in training.



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Reporting Protocol

In the event a player, household family member, or coach is exposed or tests positive to COVID-19:

- **Call** (do not email or text) the club's Point of Contact (not the team manager or coach) immediately.

Club Point of Contact: Tara Barndt 907-230-7492

- The club point of contact will provide you with the information on how to proceed with Return to Play protocols.
- Reporting to only the club point of contact ensures ***player and family privacy*** is maintained.



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Return to Play Protocol

After following Reporting Protocol, players must be cleared to return to soccer activities.

To be cleared a player must:

1. Provide a copy of the negative COVID-19 Health Screening Result Certificate.
2. Provide confirmation that DHSS Finalized the Notification Procedure for the current case.

After ***traveling outside of the State of Alaska***, players must be cleared to return to soccer activities.

To be cleared a player must:

1. Provide a copy of initial negative COVID-19 Health Screening Result Certificate.
2. Provide a copy of ***second*** negative COVID-19 Health Screening Result Certificate (taken 7-14 days after arrival in Alaska) **OR** 14 days have passed since arrival.

The Alaska Youth Soccer Association can decide to follow more restrictive protocols than state/local mandates regarding Return to Play for the safety of all players, staff, and spectators.

