



2020 HANDBOOK

A PROGRAM OF THE...
FARMINGTON 500

Dear Parents and Guardians,

Welcome to Farmington 500 Volleyball.

If you are new to our program, welcome aboard. You and your child are about to begin an exciting chapter of your life, hopefully one that will bring to you new friends, fun, and exciting experiences. If you have been part of our program, welcome back to another new season!

This season will be a little different than year's past as we try to navigate the safety protocols that we will implement in order to offer a safe environment for your child to compete during our current pandemic situation. Our plan is based upon what is currently known about COVID-19 and may change as guidance from local, state, and the CDC changes.

We appreciate everyone's patience and cooperation as we work our way through these times and try our best to carry on the amazing tradition that we cherish so much at the 500.

The Farmington 500 began as an idea in a small town barbershop in 1952. It has evolved into one of the most successful youth organizations anywhere. Our programs are run solely by volunteers. Through these programs we try to implant ideals of good sportsmanship, teamwork, honesty, courage, loyalty, and fair play, so that players will be finer, stronger, and happier youth who will grow to be good, clean, healthy adults.

The following pages in this packet are designed to help inform you about our program. It also contains information about how you, as a parent, can make the programs better. We look forward to developing a long-lasting friendship with you and your child. Best of luck this season.

We hope you and your child receive all the benefits our programs have to offer. See you on the court!

Sincerely,

Tarsha Doyle, Volleyball Director
volleyball@farmington500.org

FARMINGTON 500 CONTACTS

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SOCCER DIRECTOR

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PROGRAM INFORMATION

The Farmington 500 volleyball program is for children aged 4-12.

DIVISIONS

- Minor League 4-8 year olds
- Major League 9-12 year olds

Age to determine what age division a child will be in is based upon their birth year. It does not matter what month they were born in.

LOCATION

· All divisions will play either at Henry Wilson Memorial School on School Street in Farmington (if the school approves our use amid the COVID-19 pandemic) or outdoors at our Vision Park facility on Paulson Road.

COSTS

- Minor League \$35
- Major League \$50

SCHEDULE*

Opening day is set for Saturday, September 12th. Minors play on Saturdays, while Majors play on Saturdays and have an optional "open gym" on Wednesdays.

The season concludes with an Awards Breakfast on November 7th for both Majors and Minors.

SPORTSMANSHIP

Good sportsmanship is a requirement for all players, coaches, officials and spectators. While teaching soccer is a key component to our program, our coaches will also strive to teach your child how to win with humility and lose gracefully. We will have a zero tolerance policy on players talking negatively to officials, opposing players, coaches and teammates. Any player that violates this policy will be taken out of the game immediately and perhaps asked to take a lap or two for the team. It's important to us to teach your child how to play the sport of soccer the right way, but it's more important for us to teach them how to be a good sport.

FUNDRAISING

The Farmington 500 depends greatly on fund raising to help run its programs. All players & parents are expected to participate in all fund raisers. During Soccer season, there are fund raisers which will be coordinated through your team parent. The success of the fund raisers depends upon everyone's involvement. We have Tag Day or other fundraisers and the concessions stand which your participation in helping out with is required. Every family is required to help work the concession stand. Dates and times that are required to be covered by your child's team will be determined once the game schedule has been finalized. There are also other fundraisers that vary from year to year. Your support and help is always appreciated!

OPENING DAY: SEPTEMBER 12th

Majors and Minors will play in the morning, exact times TBD. Knee pads are optional. Players will meet coaches and be split into teams.

SAFETY PROTOCOLS

In an effort to mitigate the risks associated with the transmission of COVID-19, the following safety protocols will be implemented for the 2020 season.

- Players & coaches are required to wear masks in situations where they are unable to practice social distancing of at least 6 feet. This excludes on the playing surface. Masks are not required while participating. The 500 will provide each participant with one mask on opening day to use throughout the season.

- Marks will be placed on the sidelines where players must sit. Please feel free to bring a chair for your child to use on the sidelines.
- Spitting, chewing gum and sunflower seeds are prohibited.
- No touching. No high fives, chest/fist bumps, shaking hands, group cheers, huddles, etc.
- The sharing of equipment is not allowed.
- Sharing of water or snacks is not permitted.
- The concession stand will be closed until further notice. Please plan accordingly.
- The restrooms will be opened and cleaned on a daily basis. Please wash/sanitize your hands after using the facilities.

SELF-SCREENING REQUIREMENTS

Prior to coming to the gym/field all coaches, players, and officials must take their temperature and answer the following questions:

- Have you been in close contact with a confirmed case of COVID-19?
- Are you experiencing a cough, shortness of breath or sore throat?
- Have you had a fever in the last 48 hours?
- Have you had changes in your sense of taste or smell?

If you answer yes to any of these questions, please do not put other players, coaches, umpires or spectators at risk & stay home.

FREQUENTLY ASKED QUESTIONS

WHERE DOES MY REGISTRATION FEE GO?

The Farmington 500 is a non-profit organization which relies upon sponsors and fundraising to run its various programs. Your registration fee goes a long way to help us to continue to run our programs. The Farmington 500 works hard to keep our registration fees as some of the lowest in the area. Soccer registration fees go towards paying for referees, safety equipment, soccer equipment, facility maintenance, paint, field mowing, and many more things. If you'd like more information as to what we do with registration fees please seek out a board member as they can answer any questions you may have. Board members are listed on Page 1.

WHERE DO I GO WITH MY CONCERNS?

First and foremost, you should always go to your child's coach with any concerns. If the coach doesn't have the answers to your questions or does not address your concern properly, then you should see the Volleyball Director, Tarsha Doyle. The director is responsible for all league activities. If the volleyball director doesn't have the answers to your questions or does not address your concern to your satisfaction please seek out a member of the 500 Board of Director's and ask to discuss it with someone. Contact information for the Director and the Farmington 500 Board is listed on Page 1.

STAY CONNECTED

Online: www.Farmington500.org
 Facebook: www.facebook.com/Farmington500
 Email: soccer@Farmington500.org

**FARMINGTON 500 WAIVER
- THIS MUST BE SIGNED AND RETURNED -**

I/We the parent(s) or guardian(s) of the above named child hereby authorize and approve the child's participation in any and all supervised Farmington 500 activities during the current season and agree to furnish a certified birth certificate for the child upon request of league officials.

I/We assume all risks of injury and illness (ex: communicable diseases such as MRSA, influenza and COVID-19), both known and unknown, even if arising from the negligence of the releasees or others, from activities involved in this program. These risks could be significant, potentially life-threatening, and while particular rules, equipment and personal discipline may reduce these risks, the risks of serious injury and illness do exist.

I/We assume all risks and hazards incidental to the child's participation and supervised Farmington 500 activities including, without limitation, any and all risks and hazards arising out of transportation to and from such activities.

I/We willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately.

I/We acknowledge that I am aware that there are risks to me of exposure to directly or indirectly arising out of, contributed to, by, or resulting from: an outbreak of any and all communicable disease, including but not limited to, the virus "severe acute respirator syndrome coronavirus 2 (SARS-CoV-2)", which is responsible for Coronavirus Disease (COVID-19) and/or any mutation or variation thereof.

I/We do hereby release, acquit and discharge the Farmington 500 and the organizers, sponsors, supervisors, participants and persons transporting the child to or from such activities from any claims, demands, actions, causes of action, damages, costs, loss of services, expenses and compensation on account of or in any way arising out of such activities except to the extent that it may be covered by accident or liability insurance.

I/We do hereby agree to return, upon request or within thirty (30) days of the end of the current season (whichever occurs first), the uniform and other equipment issued to the child in as good condition as when received except the normal wear and tear. Upon failure to return the uniform or other equipment as provided above, I/We agree to be responsible for the cost of replacement for the uniform/equipment.

I/We understand there are no dogs allowed and no smoking, smokeless tobacco use, e-cigarettes, vapor use, chewing tobacco or any other product that might be considered smoking allowed anywhere on the Farmington 500 property and doing so will result in potentially being asked to leave the property.

I/We acknowledge that our child/children's photos may be taken throughout the season or while on any property that Farmington 500 activities are taking place and posted to the Farmington 500 website or any other form of social media.

Registration fee refunds are at the discretion of the Farmington 500 board and on a per case basis. Refunds requested within two weeks of opening day or after will be subject to an equipment fee.

I/We agree to the terms listed above and also to participate in league fundraisers, tag day events and will work the concession stand when asked by my/our child's team mom... Failure to participate will be a game suspension.

Child/Children's Name(s)

Parent/Guardian Signature

FARMINGTON 500

Dear Parents, Guardians, Spectators and Volunteers,

On behalf of the Farmington 500 Board of Directors, I would like to thank you all that conduct yourselves in a positive and ethical manner. To be clear, all in attendance at a Farmington 500 event are subject to our Code of Conduct. In an effort to encourage the continuation of our high values and expectations, the outline below is a list of expected behavior as well as consequences for misconduct. This list is without a doubt incomplete and the Board of Directors has the right to decide if they believe any actions violate the Code of Conduct.

Thanks again for efforts and for choosing the 500.



Dan Woodman
President, Farmington 500

Code of Conduct

By attending this Farmington 500 event, I agree to the Code of Conduct, which states as follows. I will:

- Conduct myself in a dignified manner relating to emotions, language, attitude and actions
- Refrain from coaching from the sidelines/stands
- Allow my child to play without negative pressure
- Applaud good efforts and good plays and refrain from making negative comments
- Demonstrate respect for the ability of opponents as well as for the judgment of referees, umpires, officials and coaches
- Respect the rights, dignity and worth of every person, including opponents, coaches, officials, administrators, parents, athletes, and spectators
- Ensure that my child has the proper equipment necessary to participate safely
- See that my child does not intentionally injure other players
- Ensure my child arrives and is picked up at the appropriate time
- Support the coaches in what they want the players to learn
- Refrain from using drugs/alcohol or being under the influence while at any Farmington 500 event
- Refrain from smoking, vaping or using tobacco products while at any Farmington 500 event
- See that my child receives positive encouragement regardless of the outcome of their event

- Understand that all property in the Town of Farmington, NH that the Farmington 500 owns is PRIVATE property and use of said property requires permission from the Farmington 500
- Refrain from bringing pets or bikes on Farmington 500 property as both are not permitted
- Refrain from making negative posts on social media outlets in regards to athletes, coaches, directors and the Farmington 500 organization as a whole
- Abide by the 24-hour rule. This means I will not confront a coach, opponent, parent or official to discuss any “negative” game or practice situation until at least 24 hours has passed from the completion of the game or practice. (Coaches will be asked to abide by this rule as well).
- Agree to abide by all Farmington 500 rules and regulations

Consequences of Misconduct

1. First Verbal Offense: Anyone who verbally or electronically communicates or gestures in a manner that abuses, threatens, intimidates, is flagrantly rude, or cannot control their language or actions with players, coaches, officials, volunteers or spectators will be asked to cease their inappropriate actions immediately.
2. Second Verbal Offense: Anyone that commits any misconduct as described above will be asked to leave the event immediately. Farmington 500 Board of Directors will investigate to its own level of satisfaction, the incident that occurred and issue a first written warning regarding the unacceptable behavior. The violator will immediately be placed on probation throughout the remainder of season and a suspension is possible. The violator will then be required to sign and return the warning to keep on file with the league. It will also be the sole discretion of the league to allow the parent/guardian to attend other activities, including post-season involvement during that year.
3. Third Verbal Offense: Anyone that commits any misconduct as described above will be asked to leave the event immediately. This third offense comes with a minimum, mandatory two-game suspension. Based on the severity of the conduct, it will be the league’s discretion to increase the suspension. Farmington 500 will then issue a notification to be kept on file.
4. Fourth Verbal Offense: Anyone that commits any misconduct as described above will be asked to leave the event immediately. This fourth offense comes with a minimum, mandatory suspension for the remainder of the season including any and all postseason and all-star games. Based on the severity of the conduct, it will be the league’s discretion to increase the suspension. Farmington 500 will then issue a notification to be kept on file.
5. Any Physical Offense: Anyone that physically assaults any player (including their own child), official, coach, volunteer or other spectator will be asked the leave immediately and will be banned from all events for a minimum of one year from the date of the offense. Upon evaluation, the league may choose to extend the ban. Farmington 500 will issue a written notification and keep on file. A physical assault may include, but is not limited to hitting, slapping, pushing, spitting, kicking, striking or throwing of any objects.