Division 5 Specs

- 10 through 12 year-olds
- Up to 15 players on roster
- 9 on the field which includes the goalie.
- Game Interval 1 hour, 30 minutes
- 30 minute halves.
- Permanent goals 6' high x 18' wide
- Field 200' x 100'



(Revised 9/13/2019)

Division 5 Rules

- Referees whistle when ball goes out of bounds and then call the team and the action. (Blue throw in, Green corner kick, etc.) Referees use a flag to indicate direction.
- Game 1: Referee demonstrates correct throw-in and gives a do-over if not done correctly.
- Game 2 and beyond: Incorrect throw-in results in a turnover.
- Referee enforces players on opposing team to back up to bottom of the midfield circle on goal kicks.
- Referee whistles hand balls.
- Referees call fouls for inappropriate contact and award a free kick to the opposing team.
- Penalty kicks in Division 5 for hand ball or foul in the penalty box. All players except the goalie must be outside the box. The kick is from the top of the box, and if it is deflected into play, the ball is live
- Coaches only coach from their own half of sidelines.
- Headers allowed in Division 5 with proper technique. Headers not allowed off a goalie punt.
- Week 1: Offsides is not called in Division 5.
- ➤ Week 2 and beyond: Offsides is called in Division 5. Coaches to discuss calls with referees at beginning of the game and at end of game quarters. Coaches may also call a time-out to discuss rules with referees.