

**10-Player Rotation**

<b>Period 1</b>			<b>Period 2</b>			<b>Period 3</b>		
	<b><u>Player</u></b>	<b><u>Position</u></b>		<b><u>Player</u></b>	<b><u>Position</u></b>		<b><u>Player</u></b>	<b><u>Position</u></b>
1			6			1		
2			7			2		
3			8			3		
4			9			4		
5			10			5		
<b>Period 4</b>			<b>Period 5</b>			<b>Period 6</b>		
	<b><u>Player</u></b>	<b><u>Position</u></b>		<b><u>Player</u></b>	<b><u>Position</u></b>		<b><u>Player</u></b>	<b><u>Position</u></b>
6			1			6		
7			2			7		
8			3			8		
9			4			9		
10			5			10		

**Everyone Plays 3 Periods**

9-Player Rotation

Period 1			Period 2			Period 3		
	Player	Position		Player	Position		Player	Position
1			5			9		
2			6			1		
3			7			2		
4			8			3		
5			9			4		
Period 4			Period 5			Period 6		
	Player	Position		Player	Position		Player	Position
4			8			3		
5			9			4		
6			1			5		
7			2			6		
8			3			7		

**Bold Plays 4 Periods**

Non-Bold Plays 3

8-Player Rotation

<b>Period 1</b>			<b>Period 2</b>			<b>Period 3</b>		
	<u>Player</u>	<u>Position</u>		<u>Player</u>	<u>Position</u>		<u>Player</u>	<u>Position</u>
<b>1</b>			<b>4</b>			<b>7</b>		
<b>2</b>			<b>5</b>			<b>8</b>		
<b>3</b>			<b>6</b>			<b>1</b>		
<b>4</b>			<b>7</b>			<b>2</b>		
<b>5</b>			<b>8</b>			<b>3</b>		
<b>Period 4</b>			<b>Period 5</b>			<b>Period 6</b>		
	<u>Player</u>	<u>Position</u>		<u>Player</u>	<u>Position</u>		<u>Player</u>	<u>Position</u>
<b>2</b>			<b>5</b>			<b>8</b>		
<b>3</b>			<b>6</b>			<b>1</b>		
<b>4</b>			<b>7</b>			<b>2</b>		
<b>5</b>			<b>8</b>			<b>3</b>		
<b>6</b>			<b>1</b>			<b>4</b>		

**Bold Plays 4 Periods**

Non-Bold Plays 3

**7-Player Rotation**

<b>Period 1</b>			<b>Period 2</b>			<b>Period 3</b>		
	<b>Player</b>	<b>Position</b>		<b>Player</b>	<b>Position</b>		<b>Player</b>	<b>Position</b>
1			3			5		
2			4			6		
3			5			7		
4			6			1		
5			7			2		
<b>Period 4</b>			<b>Period 5</b>			<b>Period 6</b>		
	<b>Player</b>	<b>Position</b>		<b>Player</b>	<b>Position</b>		<b>Player</b>	<b>Position</b>
7			2			4		
1			3			5		
2			4			6		
3			5			7		
4			6			1		

**Bold Plays 5 Periods**

Non-Bold Plays 4

6-Player Rotation

Period 1			Period 2			Period 3		
	Player	Position		Player	Position		Player	Position
1			2			3		
2			3			4		
3			4			5		
4			5			6		
5			6			1		
Period 4			Period 5			Period 6		
	Player	Position		Player	Position		Player	Position
4			5			6		
5			6			1		
6			1			2		
1			2			3		
2			3			4		

Everyone Plays 5 periods

## 9-Player Rotation

<b>Period 1</b>			<b>Period 2</b>			<b>Period 3</b>		
	<b>Player</b>	<b>Position</b>		<b>Player</b>	<b>Position</b>		<b>Player</b>	<b>Position</b>
1	Jones	Point	5	Hill	Post 2	9	Wells	Wing 2
2	Smith	Wing 1	6	Anderson	Point	1	Jones	Point
3	Brown	Wing 2	7	Edwards	Wing 1	2	Smith	Wing 1
4	Johnson	Post 1	8	Martin	Post 1	3	Brown	Post 2
5	Hill	Post 2	9	Wells	Wing 2	4	Johnson	Post 1
<b>Period 4</b>			<b>Period 5</b>			<b>Period 6</b>		
	<b>Player</b>	<b>Position</b>		<b>Player</b>	<b>Position</b>		<b>Player</b>	<b>Position</b>
4	Johnson	Post 1	8	Martin	Post 1	3	Brown	Wing 2
5	Hill	Post 2	9	Wells	Wing 2	4	Johnson	Post 1
6	Anderson	Point	1	Jones	Point	5	Hill	Post 2
7	Edwards	Wing 1	2	Smith	Wing 1	6	Anderson	Point
8	Martin	Wing 2	3	Brown	Post 2	7	Edwards	Wing 1

### **Bold Plays 4 Periods**

Non-Bold Plays 3

### Comments:

- This template allows the coach to be sure he/she is following the substitution rules.
- This also helps speed up the game, since playing time has been pre-determined.
- Next, note that the pre-planning of who plays what position allows the coach to be sure all positions are being adequately filled (i.e. point guard playing every period).
  - Note that Martin and Brown are the only two players who have changed positions. In this example, the Coach has limited position changes to the two most versatile players. Of course, this could vary according to coaching philosophy and the talent level on the team