Period 1		Period 2			Period 3			
	<u>Player</u>	Position		<u>Player</u>	Position		Player	Position
1			6			1		
2			7			2		
3			8			3		
4			9			4		
5			10			5		
						_		
Peri	<u>od 4</u>	_	Peri	<u>od 5</u>		Peri	<u>od 6</u>	
<u>Peri</u>	od <u>4</u> Player	Position		<u>od 5</u> <u>Player</u>	Position	Peri	od 6 Player	Position
Peri 6		Position			1	Peri 6		Position
		Position			1			Position
6		Position	1		1			Position
6 7		Position	1 2		1	6 7		Position
6 7 8		Position	1 2 3		1	6 7 8		Position
6 7 8 9		Position	1 2 3 4		1	6 7 8 9		Position

Everyone Plays 3 Periods

		Peri	Period 2		Period 3			
	Player	Position		<u>Player</u>	Position		Player	Position
1			5			9		
2			6			1		
3			7			2		
4			8			3		
5			9			4		
				·				
Period 4			Period 5		Period 6			
Peri	od 4		Peri	iod 5		Peri	iod 6	
<u>Peri</u>	od 4 Player	Position	Peri	iod 5 Player	Position	<u>Peri</u>	od 6 Player	Position
Peri 4		Position	Peri 8			Peri 3		Position
		Position						Position
4		Position	8			3		Position
4 5		Position	8 9			3 4		Position
4 5 6		Position	8 9 1			3 4 5		Position
4 5 6 7		Position	8 9 1 2			3 4 5 6		Position

Bold Plays 4 Periods

Non-Bold Plays 3

Peri	iod 1		Per	<u>iod 2</u>		Peri	od 3	
	<u>Player</u>	Position		<u>Player</u>	Position		Player	Position
1			4			7		
2			5			8		
3			6			1		
4			7			2		
5			8			3		
Peri	iod <u>4</u>		Per	<u>iod 5</u>		Peri	od 6	
<u>Peri</u>	iod 4 Player	Position	<u>Per</u>	iod 5 Player	Position	<u>Peri</u>	od 6 <u>Player</u>	Position
Peri 2		Position	Per 5			Peri 8		Position
		Position						Position
2		Position	5			8		Position
2 3		Position	5 6			8 1		Position
2 3 4		Position	5 6 7			8 1 2		Position

Bold Plays 4 Periods

Non-Bold Plays 3

		<u>Peri</u>	Period 2			Period 3			
	Player	Position		Player	Position		Player	Position	
1			3			5			
2			4			6			
3			5			7			
4			6			1			
5			7			2			
Period 4			Period 5			Period 6			
Peri	od 4		Peri	iod 5		Per	iod 6		
Peri	od 4 Player	Position			Position	Per	od <u>6</u> Player	Position	
Peri				iod 5 <u>Player</u>		Per 4		Position	
								Position	
7			2			4		Position	
7			2 3			4 5		Position	
7 1 2			2 3 4			4 5 6		Position	
7 1 2 3			2 3 4 5			4 5 6 7		Position	

Bold Plays 5 Periods

Non-Bold Plays 4

Per	iod <u>1</u>		Per	<u>iod 2</u>		Peri	od 3	
	Player	Position		<u>Player</u>	Position		Player	Position
1			2			3		
2			3			4		
3			4			5		
4			5			6		
5			6			1		
Per	iod 4		Per	iod <u>5</u>		Peri	od 6	
Per	iod 4 Player	Position	Per	iod 5 Player	Position	Peri	od 6 <u>Player</u>	Position
Per 4		Position	<u>Per</u>		Position	Peri 6		Position
		Position			Position			Position
4		Position	5		Position			Position
4 5		Position	561		Position	6 1		Position
4 5 6		Position	5 6 1		Position	6 1 2		Position

Everyone Plays 5 periods

Peri	Period 1			Period 2		Period 3		
	Player	Position		Player	Position		Player	Position
1	Jones	Point	5	Hill	Post 2	9	Wells	Wing 2
2	Smith	Wing 1	6	Anderson	Point	1	Jones	Point
3	Brown	Wing 2	7	Edwards	Wing 1	2	Smith	Wing 1
4	Johnson	Post 1	8	Martin	Post 1	3	Brown	Post 2
5	Hill	Post 2	9	Wells	Wing 2	4	Johnson	Post 1
Peri	Period 4		Period 5		Period 6			
	Player	Position		Player	Position		Player	Position
4	Johnson	Post 1	8	Martin	Post 1	3	Brown	Wing 2
5	Hill	Post 2	9	Wells	Wing 2	4	Johnson	Post 1
6	Anderson	Point	1	Jones	Point	5	Hill	Post 2
7	Edwards	Wing 1	2	Smith	Wing 1	6	Anderson	Point
8	Martin	Wing 2	3	Brown	Post 2	7	Edwards	Wing 1

Bold Plays 4 Periods

Non-Bold Plays 3

Comments:

- This template allows the coach to be sure he/she is following the substitution rules.
- This also helps speed up the game, since playing time has been pre-determined.
- Next, note that the pre-planning of who plays what position allows the coach to be sure all positions are being adequately filled (i.e. point guard playing every period).
 - Note that Martin and Brown are the only two players who have changed positions. In this example, the Coach has limited position changes to the two most versatile players. Of course, this could vary according to coaching philosophy and the talent level on the team