Period		<u>Player</u>	Position	(*)	Period		<u>Player</u>	Position	(*)	Period		<u>Player</u>	Position	(*)
1.	1 2 3 4 5				2.	<b>5</b> 6 7 8 9				3.	9 1 2 <b>3</b> 4			
<u>Period</u>		Player	Position	(*)	<u>Period</u>		Player	Position	(*)	<u>Period</u>		<u>Player</u>	Position	(*)
4.	<b>4</b> 5 6 7 8				5.	8 9 1 2 <b>3</b>				6.	<b>3</b> <b>4</b> <b>5</b> 6 7			

Bold Plays 4 Periods Non-Bold Plays 3

Period		<u>Player</u>	Position	(*)	Period		Player	Position	(*)	Period		<u>Player</u>	Position	(*)
1.	1 2 3 4 5				2.	<b>4</b> 5 6 7 <b>8</b>				3.	7 8 1 2 3			
<u>Period</u>		Player	Position		<u>Period</u>		Player	Position		<u>Period</u>		<u>Player</u>	Position	
4.	2 3 4 5 6				5.	5 6 7 8 1				6.	8 1 2 3 4			

# **Bold Plays 4 Periods**

Non-Bold Plays 3

Period		<u>Player</u>	Position	(*)	Period		<u>Player</u>	Position	(*)	Period		<u>Player</u>	Position	(*)
1.	1 2 3 <b>4</b>				2.	3 <b>4</b> 5 6				3.	<b>5</b> 6 7 1			
Period	5	Player	Position		<u>Period</u>	7	Player	Position		<u>Period</u>	2	Player	Position	
4.	7 [				5.	2 3				6.	4 5			
	2 3 <b>4</b>					<b>4</b> 5 6					6 7 1			

**Bold Plays 5 Periods** 

Non-Bold Plays 4

<u>Period</u>		<u>Player</u>	Position	(*)	Period		<u>Player</u>	Position	(*)	<u>Period</u>		<u>Player</u>	Position	(*)
1.	1 2 3 4 5				2.	2 3 4 5 6				3.	3 4 5 6 1			
Period		Player	Position		<u>Period</u>		Player	Position		<u>Period</u>		<u>Player</u>	Position	
4.	4 5 6 1 2				5.	5 6 1 2 3				6.	6 1 2 3 4			

Everyone Plays 5 Periods

<u>Period</u>		Player	Position	(*)	Period		<u>Player</u>	Position	(*)	<u>Period</u>		<u>Player</u>	Position	(*)
1.	1 [	Jones	Point		2.	5	Hill	Post 2		3.	9	Wells	Wing 2	
	2	Smith	Wing 1		1	6	Anderson	Point			1	Jones	Point	
	3	Brown	Wing 2		1	7	Edwards	Wing 1			2	Smith	Wing 1	
	4	Johnson	Post 1		1	8	Martin	Post 1			3	Brown	Post 2	*
	5	Hill	Post 2		1	9	Wells	Wing 2			4	Johnson	Post 1	
			•		1									
Period		Player	Position	(*)	Period		Player	Position	(*)	<u>Period</u>		<u>Player</u>	Position	(*)
4.	4 [	Johnson	Post 1		5.	8	Martin	Post 1	*	6.	3	Brown	Wing 2	*
	5	Hill	Post 2		1	9	Wells	Wing 2			4	Johnson	Post 1	
	6	Anderson	Point		1	1	Jones	Point			5	Hill	Post 2	
	7	Edwards	Wing 1		1	2	Smith	Wing 1			6	Anderson	Point	
	8	Martin	Wing 2	*	1	3	Brown	Post 2			7	Edwards	Wing 1	
				-	1		1 <u></u>	•	-					

# Bold Plays 4 Periods Non-Bold Plays 3

Comments: First note that this template allows the coach to be sure he is following the substitution rules. This also helps speed up the game, since playing time has been pre-determined.
Next, note that the pre-planning of who plays what position allows the coach to be sure all positions are being adequately filled (i.e. point guard playing every period).
The asterisk (*) is useful in reminding players if they are playing a different position than the previous period they played.
Note that Martin and Brown are the only two players who have changed positions. In this example, the Coach has limited position changes to the two most versatile players. Of course, this could vary according to coaching philosophy and the talent level on the team.