

SACRAMENTO YOUTH FOOTBALL
PREPARTICIPATION PHYSICAL WAIVER & RELEASE OF LIABILITY
(YOU MUST READ AND UNDERSTAND ENTIRELY BEFORE SIGNING)

In consideration of voluntary participation in the **SACRAMENTO YOUTH FOOTBALL (ASYF@)** league (its member team's -- football and cheer programs), related practices and events, and the many benefits received in this conditional privilege, the undersigned agrees, understands, appreciates, and covenants as follows.

I UNDERSTAND, CONSENT, and AGREE that the pre-participation sports physical examination provided to my child in order for him or her to participate as a player (football or cheer) for a team who is a member of SYF is limited, in nature and scope, with respect to the detection of identifiable sports risk factors in part based upon a lack of directed history and complete physician examination by a physician (which would likely cost a great deal more than what we paid for the physical done in connection with our current registration in SYF which was not performed by a medical physician).

I/WE UNDERSTAND AND FREELY ASSUME ALL RISKS BOTH KNOWN AND UNKNOWN AND ASSUME FULL RESPONSIBILITY FOR THE ABOVE MENTIONED LIMITED SPORTS PHYSICAL EXAMINATION OF MY/OUR CHILD AND WAIVE ANY AND ALL RIGHTS WE MIGHT HAVE AS A RESULT OF THE LIMITED SPORTS PHYSICAL EXAMINATION . I/We assume these risks due to the many significant benefits associated with voluntary participation in SYF and the costs associated with sports physical examinations.

I/We, for myself, and on behalf of my minor child, my spouse, executors, heirs, representatives, and next of kin, **HEREBY RELEASE, AND SHALL HOLD HARMLESS AND INDEMNIFY SYF**, its commissioner, vice-commissioners, game site hosts, all teams, officers, board members, agents, volunteers, coaches, officials, medical personnel, sponsors, advertisers, attorneys, owners/lessors of property("Releasees") **FROM ANY AND ALL INJURY, DISABILITY, DEATH, LOSS OR DAMAGE TO PERSON OR PROPERTY, WHETHER ARISING FROM THE NEGLIGENCE OR OTHERWISE. I FURTHER AGREE TO INDEMNIFY AND HOLD HARMLESS RELEASEES** from any and all claims, liabilities, damages, and expenses (including attorney's fees) in any proceeding to enforce or defend this Pre-participation Physical Waiver and Release (venue Sacramento, California). If any portion of this form is found by a court to be invalid or stricken the remaining provisions shall be given full force and effect.

Name of Minor Child (print) _____ Team _____

Name of Parent/Guardian (print) _____

Parent/Guardian/Coach Signature _____ Date _____

(Rev. 08/15/2019)