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Team/Division:				Manager			
Date of Game	Actual Pitches	Threshold Pitches	Opponet	Player # / Name	League Age	Eligible to pitch again (date)	Scorekeeper Signature
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Maximum Pitches in a game (per day): 13-16yr =95 pitches

11&12 =85 pitches

9&10 =75 pitches 7&8 =50 pitches

Rest Requirements: 66 or more pitches = four (4) calendar days of rest must be observed

51-65 in a day = three (3) calendar days of rest must be observed

36-50 in a day = two (2) calendar days of rest must be observed

21-35 in a day = one (1) calendar day of rest must be observed

1-20 in a day = no (0) calendar days of rest is required

You must bring this log to every game and inform the umpire who is not eligible to pitch that day. If you do not produce this log at the stort of the game, you will have 48 hours to produce it or forfeit your game. If you lose this log, you must create a new copy showing your pitching history from your last games within 4 calendar days. Your replacement pitching log must be signed by a league official to verify its accuracy. When this log is full, add a second page, but continue to bring the old page for at least 4 calendar days.