

# MAPLE GROVE SENIOR HIGH WRESTLING

HARD WORK Isn't For Everybody, Neither is SUCCESS



## FREESTYLE WRESTLING CLINIC

w/ World Team Member : Nazar Kulchytskyy

Led by current Freestyle World Team member, 3x NCAA champion, Nazar Kulchytskyy. Nazar is currently training MN Regional Training Center, at the University of Minnesota, where he continues preparing for international competition.

The camp will expose participants to freestyle wrestling techniques and skills that continue to build upon the fundamentals established during the folkstyle season. Stressing the importance of positioning and pressure. The program is designed for experienced wrestlers that are looking for offseason opportunities to broaden their repertoire!

### WORK BECOMES RESULTS

#### Program Information

**Where** Maple Grove Senior High Wrestling Room

**Who** Experienced Wrestlers

**When** Monday Evenings  
March 18,25  
April 1,8,15,22,29  
*No problem if you have some conflicts.*

**Time** 7pm - 8:30pm

**Fee** \$60

**Registration** At the Maple Grove Community Center  
or  
<https://webtrac.maplegrovemn.gov/wbwsc/webtrac.wsc/search.html>  
Search for activity # **207117-02**

**Questions** Contact Troy Seubert  
Email: [mgwrestling99@gmail.com](mailto:mgwrestling99@gmail.com)  
Cell: 763-913-0601

This program is promoted in coordination with the Maple Grove Wrestling Club. If you are interested in learning more, visit:

[MGWrestlingClub@gmail.com](mailto:MGWrestlingClub@gmail.com)

or follow us at

[www.MGWrestlingClub.com](http://www.MGWrestlingClub.com)



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\* Note: If there are not enough participants, the clinic may be canceled