

Warren County Youth Volleyball League Handbook



Last Revised January 2024

Warren County Youth Volleyball
2023 Board of Directors
President - Daniel Wimpee
Vice President - Nathan Sochor
Treasurer - Tim Meister
Secretary - Becky Meister

This Code of Ethics has been adopted and approved by Warren County Fiscal Court (WCFC) and adopted by Warren County Parks and Recreation Department (WCPRD) and applies to all coaches, managers, supervisors, sponsors, participants, players, administrators, officials, parents, and spectators attending programs, activities, and functions on WCPRD or Warren County properties.

Youth sports leagues chartered with WCPRD are independent organizations from WCPRD and WCFC. Any individual who has been ejected by a league or found in violation of a league's bylaws is subject to penalties set forth in its own bylaws.

ANY VIOLATION OF KY REVISED STATUTE OR CRIMINAL CODE will be considered independent of WCPRD Code of Ethics and will be investigated and/or handled by proper legal authorities. WCPRD, WCFC, W.C. Sheriff's Office, and W.C. Attorney's Office have authority to change and/or alter all items listed in WCPRD Code of Ethics to ensure public safety and to enforce Kentucky state, local, and County laws, ordinances, rules, and policies.

ARTICLE I. VIOLATIONS

- A. Cursing (malicious or otherwise, verbally, written, or electronically via email, text, social media, or other communication or by physical gesture) at another manager, coach, supervisor sponsor, participant, players, game official, parent, spectator, administrator, or official of the Warren County Parks and Recreation Department.
- B. Pushing, hitting, striking, physical assaulting, or threatening (verbally, written, or electronically via email, text, social media, or other communication or by physical gesture) of or by a manager, coach, supervisor, sponsor, participant, player, official, parent, spectator, administrator, or official of the Warren County Parks and Recreation Department.
- C. Drinking or being under the influence of alcohol or illegal drugs, or any controlled substance while on WCPRD or W.C. Public School premises before, during, or after an event.
- D. Acting in an irrational or disorderly manner, harassing, menacing, or making a public spectacle or nuisance of oneself before, during, or after a scheduled event.
- E. Vandalism, damage, or defacement of WCPRD property or Warren County properties
- F. Reckless driving in a motorized vehicle and irresponsible driving which may pose an imminent danger to patrons including burnouts, racing, and non-compliance with posted speed limit signage on WCPRD grounds.
- G. Being ejected by a league program conducted on WCPRD property.
- H. Inappropriate contact with a minor, sexual abuse, theft, wanton endangerment.

Anyone found in violation of these Code of Ethics may be prosecuted in accordance with Kentucky Revised Statutes for criminal offenses that meet the descriptions above.

ARTICLE II. PENALTIES

All WCPRD Code of Ethics violations are subject to review by WCPRD Administration/Director, WCPRD Assigned Deputy, W.C. Sheriffs' Office, and W.C. Attorney; and these entities have full authority to adjust, change, alter, modify, and extend all penalties, length of dismissals, and/or suspensions.

Penalties for Violation of Article I. A

1. **First Offense:** Dismissal from all WCPRD properties, events, and functions for 24-hour period from time of infraction.
2. **Second Offense:** Dismissal from all WCPRD properties, events, programs, and functions for period of zero (0) to six (6) months from date of infraction.
3. **Third Offense:** Dismissal from all WCPRD properties, events, programs, and functions for a period of zero (0) to twelve (12) months from date of infraction.

Penalties for Violations of Articles I: B, C, D

1. **First Offense:** Dismissal from all WCPRD properties, events, programs, and functions for a period of zero (0) to six (6) months from the date of the infraction.
2. **Second Offense:** Dismissal from all WCPRD properties, events, programs, and functions for a period of zero (0) to twelve (12) months from the date of the infraction.

Penalties for Violation of Articles I: E, F, H

1. Dismissal from all WCPRD properties, events, and functions until the criminal investigation by County Law Enforcement, W.C. Attorney, and WCPRD has been concluded and verdict confirmed. If found guilty, penalty will be permanent dismissal from all WCPRD properties, events, and functions.

Penalties for Violations of Articles I: G

1. **First Offense:** Dismissal from all WCPRD properties, events, programs, and functions for a period of zero (0) to six (6) months from the date of the infraction.
Second Offense: Dismissal from all WCPRD properties, events, programs, and functions for a period of zero (0) to twelve (12) months from the date of the infraction.

ARTICLE III. APPEALS

- A. Anyone who has violated WCPRD Code of Ethics and has been disciplined accordingly has the right to appeal before the WCPRD Advisory Council Incident Review Committee. **Violation of Article I – E, F, H are non-appealable (see penalties above).**
- B. All decisions rendered by this Committee will be final and enforced by WPRCD on its properties.
- C. Anyone requesting a WCPRD appeal acknowledges that appeals are not granted on weekends and that they must allow for a responsible amount of time to set up the meeting based on committee members' availability.
- D. Anyone requesting a WCPRD appeal to the Incident Review Committee must follow the appeal process set forth by the WCPRD Incident Review Committee. Failure to follow this process will result in denial of the appeal. See appeal process on website: warrencountyky.gov
- E. Anyone disciplined by a League for infractions of said league's rules and/or bylaws must go through that league's appeal process. This process is separate and independent from the WCPRD appeal process. Leagues are responsible for their own judgments and disciplinary action taken on individuals who violate league-specific rules.

WARREN COUNTY YOUTH VOLLEYBALL BY-LAWS

1. All games will be scheduled by the Warren County Parks and Recreation Department in cooperation with the board of directors and officials.
2. There will be a five (5) minute grace period for the start of the first game of the evening during regular season play.
3. Schedules will be issued approximately five (5) days prior to the start of the season. There will be no changes or alterations except as provided by the constitutions and by-laws or as determined by Warren County Youth Volleyball Board.
4. The coach shall be responsible for receiving and collecting team equipment at the start and finish of the season.
5. A coach must be at least 18 years of age.
6. In the event of a canceled game due to weather or school function, the coach will receive notification of rescheduled games up to 48 hours prior to the game.
7. We request that no coach date a member of his/her team while serving as a coach.
8. No one except approved coaches and team parents are allowed on the court or gym floor during practices and games. Minimum of two (2) coaches and/or parents must be in attendance during practices and games. All persons interacting with players on the court must have an approved background check through WCPR.
9. Volleyballs will be supplied by the league. These balls may be used for practice and games. Only WCYVL supplied balls can be used for games.
10. Divisional Differences

Division 1	Division 2	Division 3	Division 4
Net Height 6'8"-7'	Net Height 6'8"-7''	Net Height 7'4"	Net Height 7'4"
Serve - 20'	Serve - 25'	Serve - 30'	Serve 30'
Ball - Volley Light	Ball - Volley Lite	Ball - Official	Ball - Official
Number of serves per player- Up to three	Number of serves per player- Up to three	Number of serves per player - Unlimited	Number of serves per player - Unlimited

11. Players in Division I may serve from the top of the key (free throw circle) only during the second set.
12. Sets are played to 21 points (3rd set plays to 15 points) and winning team must win by 2 points. Games are best 2 out of 3 sets. If one team wins the first two sets, a third set may be played as a scrimmage.
13. No intentional contact below the waist.
14. End of season tournament will be conducted for all divisions.
15. Parents who serve as line judges and scoreboard operators must be attentive to game play and may not speak to or coach players. (No cell phone use during play)

RULES OF PLAY

Starting procedure- A coin flip will determine which team has first service. The serving rotations are to be turned into the referee prior to each game.

Position of the players for service- (A), when the ball is served, the players of the serving team should be standing in two rows of three- the front-line players at the net, the back-line players behind them. When there is a change of service (B), the players of the team that is to serve rotate one position clockwise before serving. Players must serve in the correct order of rotation. Otherwise the team loses the service and all points scored while the wrong person was serving. The players' order of rotation must remain constant until the end of the set. The lineup can change during the set only if there is an injury or illness and the referee is informed.

The Serve (C) - The server stands in the service area at the back of the court. After the referee's whistle, the server has up to 15 seconds to put the ball into play, except for Division One. She can hit the ball with her open or closed hand or any part of her arm. She must hit cleanly with one hand only, while holding or tossing with the other hand. No player shall toss or throw the ball over the net as a serve. At the moment of impact the server must be within the service area, although she can land outside it after hitting the ball. The ball must pass over the net between the antennas or their indefinite extensions, to go into the opponents' court. The player is allowed one drop per service rotation (e.g., if a player serves three balls in a service turn, she can have 1 dropped ball for that rotation, not 1 drop ball per each serve – every time the ball is put into play). A fault is committed if the ball goes under the net, outside the antennas or their indefinite extensions, lands outside the playing area, or if any players make contact with the net. Members of either team including spectators must try not to distract the opposing team during the service. The same player continues to serve until her team commits a fault, or as served three consecutive times.

Starting second and subsequent sets- At the start of second set service goes to the team that lost the coin toss. In the deciding game of a match, a coin is tossed at the start to choose service. The serving lineup will stay the same for the second set and either the final server for set 1 or the next server off the bench may serve first. There are no lineup restrictions for the third set.

Playing the ball after service (D)- The ball may be hit with any part of the body above and including the waist, as long as the hit is clean and the ball is not held, lifted, or carried in any way. Each team may touch the ball up to three times, not counting "blocking" contact, before returning it over the net. Except in blocking, the same player may not hit the ball twice in succession, and if two teammates play the ball simultaneously it counts as two touches. If a player touches or is touched by the ball in anyway, she is assumed to have played the ball. The ball may be played while a player is in contact with a teammate, as long as she is not used as a prop. Once the ball is in play after service, players may move freely on their side of the net. Putting a foot or feet completely across the center line while the ball is in play is a fault. It is not a fault if a player's hand or hands cross the net after an attack, or if they cross the vertical plane below the net, as long as no interference to the opponents is caused. Front-line players may make any kind of hit including a spike provided that at the time of contact the ball is partially or totally in within their playing space. Back-line players may make any kind of hit. However, to spike, a back line player's feet must be behind the 10' attack line at the time of takeoff. The ball should go completely over the net between the antennas or their indefinite extensions. If the ball hits the net inside the antennas, it is still considered in play unless another rule is infringed. The ball is considered in if it touches any part of the line. When either referee blows his/her whistle, the ball is dead. If it touches the ground or any object outside the court, it is out of play. The ball must clear the lines completely to be out of court. If the ball touches the antennas or the net outside them, it is out.

Blocking (E) - Front-line players may block by making contact with the ball before or immediately after it crosses the net. Back-line players are not permitted to participate in a block. After blocking, a team has the right to three more contacts with the ball before returning it. A player who has touched the ball during a

block can play the ball again immediately-this counts as the first of the three contacts allowed. If the ball touches more than one blocking teammate, this counts as one touch even if the contacts are not simultaneous. Blockers may reach over the net inside the antennas, but they must not interfere with the opposing team by trying to touch the ball before the opponents' action in sending the ball towards the blockers' side as complete. When the ball returns after contact with the opponents' block, the attacking team has the usual right to three more contacts to return it.

Time-out- Each team may take two 30-second timeouts in each set, but only when the ball is dead. Requests for more than two time-outs will be penalized with a fault.

Substitution- All substitutions are done at the serving position with all players rotating equally to maintain equal playing time.

Interruptions of play- The only stoppages allowed other than time-outs are intervals between games: two minutes for the first three intervals. This includes time to complete ends and inform the scorer of new lineups. If bad weather or other unforeseen circumstances interrupt a match, it will be rescheduled for a later date and it will resume with the same score and rotation.

Faults- A team loses the service (side-out) and the opponents gain a point if (rally scoring):

- A. the ball touches the ground
- B. the team plays the ball more than three times in succession
- C. A player intentionally plays the ball below the waist
- D. A player touches the ball twice consecutively (except when blocking)
- E. A team is out of position at the service
- F. A player touches the net or antennas unless the ball knocks the net against him)
- G. A player deliberately touches an opponent across the vertical plane of the net
- H. Any part of a player's body touches the opponents' court during the play (except that it is not a fault if a player touches the opponents' court with his foot, provided part of his foot does not cross the center line)
- I. A player reaches over the net or touches the ball while it is in play by the opposite team
- J. A player reaches under the net and touches the ball while it is in play by the opposite team
- K. A back-line player in the attack area hits the ball from above net height
- L. The ball does not pass completely over the net between the antennas or their indefinite extensions
- M. The ball lands or touches an object outside the court
- N. The ball is returned with the use of a teammate as a support
- O. A player receives a personal penalty
- P. Coaching is disruptive
- Q. The game is persistently delayed
- R. A team requests a third time-out
- S. A team extends a second time-out beyond 30 seconds
- T. A player intimidates or makes any distracting noise or gesture toward an opponent
- U. Any illegal block or serve
- V. The ball strikes the ceiling and crosses the net to the opponents' side. However, a ball striking the ceiling and staying on your side of the net remains in play
- W. The ball strikes the wall, the ball is dead

WARREN COUNTY YOUTH GIRLS VOLLEYBALL LEAGUE CONSTITUTION AND BY-LAWS

The Warren County Youth Girls Volleyball League is a Non-Profit organization. The League was founded to provide girls interested in volleyball with a chance to play volleyball under a properly organized program. All leagues will play by the league rules, except where alterations appear in this Constitution and By-Laws.

Article I-name

Warren County Youth Girls Volleyball League and will be referred to as “the league” in the remainder of this document.

Article II-Affiliation

The Warren County Girls Youth Volleyball League will not be associated with any nationally recognized volleyball organization

Article III-Objective and principles

The objective of the league shall be to extend, promote, develop, supervise, and voluntarily assist the game of girls’ volleyball and to stress the importance of the integrity of sportsmanship and fair play

Article IV-Governing Body

A. Board of Directors

The management of the property and affairs of the league shall be vested in the Board of Directors. The Board of Directors will be referred to as the “The Board” in the remainder of this document. The Board shall upon election, immediately enter upon the performance of their duties and shall continue in office until their successors shall have been duly elected and qualified. Board members are expected to commit to attending most board functions and a significant number of league events. Board members that do not meet this expectation may be removed from the board by a majority vote of the board. The Board’s membership shall include the following officers:

1. President (mandatory board vote in the fall of even numbered years)

Presides at league meetings, and resumes full responsibility for the operations of the league. The president receives all supplies and other communications. The president must see that league personnel are properly verified on all phases of the rules, regulations, and policies of the league. The president handles all protests, in conjunction with the Parks and Recreation Director.

2. Vice President (mandatory board vote in the fall of even numbered years)

Presides in the absence of the president; works with other officers and committee members. The vice-president is ex officio member of all committees, and carries out such duties and assignments as may be delegated by the president.

3. Secretary (mandatory board vote in the fall of even numbered years)

Maintains register of members and directors; records minutes of meetings; is responsible for maintaining a record of league’s activities.

4. Treasurer (mandatory board vote in the fall of even numbered years)

Receives all mail, signs checks, cosigned by president or parks and recreation employee; reports on the status of league funds; keeps local league books and financial records; proposes budgets and assumes the responsibilities for all local league finances; league standings and records.

5. Division Commissioners: Directors of operations for that division (I, II, III, IV) on a day to day basis; check on other duties, and is in charge of players: serves as a member of the board. Handle all initial protests and reports to board.

Article V-formation of divisions

The league will consist of girls that meet the following qualifications during the registration period:

Division I

Girls-grade 2 and 3

*no 10 year olds on or before Sept. 1

Division II

Girls grades 4 and 5

*no 12 year olds on or before Sept. 1

Division III

Girls grades 6, 7 and 8

*no 15 year olds on or before Sept. 1

Division IV

Girls grades 9, 10, 11, 12

*no 19 year olds on or before Sept. 1

The board will develop team rosters and turn in to Warren County Parks and Recreation prior to the first game. Rosters are frozen once the first game is played unless the team drops below 7 players.

EXCEPTIONS will be made by board on individual basis

Article VI-formation of teams

The following will apply to team rosters

- A. Maximum of 12 players per team (or as necessary by discretion of the board).
- B. Name, address, school, birth date, age, and jersey size must appear on the team roster before it will be deemed official
- C. A player appearing on a roster that has been deemed official by the board will play for that team the entire season.
- D. All rosters will be developed by the board and will be considered final as of the first game.
- E. No eligible girl will be denied the opportunity to participate if registration was received by the deadline
- F. Eligible girls will be placed on teams by the board. When forming the teams, the board considers:
 - a. The district in which they go to school (specifically elementary school)
 - b. Special requests will be reviewed the board but there is no guarantee that the request will be granted
 - c. Girls living outside of the central school district will be placed on a team by the board.
- G. To be considered eligible, a completed registration form must be turned in to the board during the registration period. A medical release form, a parent signature on the code of ethics, and the registration fee must accompany the registration form.
- H. In order to question the eligibility of a player, a coach must file a report in writing to the board within twenty four hours after the game in question. The board will investigate and rule on the matter. All parties will be notified by U.S. mail or email on the ruling
- I. Any player found in violation of the eligibility or the above rules will be dismissed and will result in her team forfeiting all games in which a violation occurred. Coaches violating the eligibility rule will be dismissed for the season and tournament.

- J. Registration cutoff: At the beginning of every season there will be a registration period and a registration cutoff. These dates are established with the overall benefit of the program in mind, and adhere to ensure that the season starts and ends on schedule
- K. A parent has 48 hours after teams are posted for a partial refund (\$75.00-\$20.00 (jersey cost & park payment)), unless medical reasons.

Article VII- Team's responsibilities

Teams will follow these guidelines

- A. All teams will abide by K.H.S.A.A. volleyball rules except where changes or exceptions appear in this constitution or by-laws

Article VIII-Selection of coaches

- A. The head coach of the team will be selected by the board. The head coach may select up to two assistant coaches once his/her team roster has been finalized. A complete background check must be filed with WCPR before an assistant coach is allowed on the bench or is able to fill in for a head coach during games or practice.
- B. Head coach shall receive roster and player information from the board.
- C. Only the head coach may question the procedure of the game or the action of the officials.
- D. Only the head coach, a maximum of two assistant coaches, team mom and team players are allowed on the bench.
- E. The head coach is responsible for returning all equipment at the end of the season. The board may require a deposit from the head coach. All equipment must be returned in good condition in order to receive a deposit refund. If all equipment is not returned, a written explanation must be received by the board in order for the deposit to be returned to the coach.
- F. All coaches, assistants or team parents on the bench must stay between the 10ft line and the 30ft line during ball play at all times.
- G. Only one coach is allowed near the court (past the black line) during gameplay. All other coaches, players, or other team members must sit or stand behind the black line near the bench during game play.

Article IX-Conduct of player's official and fans

The following conduct will not be tolerated.

- A. Cursing before, during or immediately after a scheduled event, directed to any coach, player, official, or fan.
- B. Throwing equipment due to anger, or frustration before, during, or after a scheduled event while on school or parks and recreation premises.
- C. Under the influence of alcoholic beverages or a controlled substance while on school premises.
- D. Pushing, striking, or hitting another coach, player, fan, or official while on school premises.
- E. Any person coming on the floor, except for an injury to their child, will be ordered off school premises.
- F. Any violation of rules A-E by coach, player, fan, or official may be suspended from the program as determined by the board.
- G. Code of ethics- for a girl to be eligible to participate in the league the code of ethics document must be signed by a parent or legal guardian of the girl.

Article X-Dismissal of a coach

- A. A coach may be dismissed by the board for giving unsatisfactory service or guilty of any violation of the code of ethics of the league.
- B. Procedure for dismissal
 - a. A hearing will be conducted concerning the charges against the coach. The coach will be dismissed if two thirds of the board votes in favor of dismissal.
 - b. If an individual or group of individuals would like to recommend the removal of a coach, they may do so by presenting a letter to the board stating the charges for dismissal and signatures of 65 percent of the parents of the girls participating on the team. This will lead to an investigation by the board. All parties will be notified by email of the board's finding.

Article XI-Forfeits

- A. Failure to place four (4) girls on the court at the start of a game.
- B. If a team member delays the progress of the game. (Two warnings forfeit)
- C. A coach engages in an argument with an official and refuses to continue the game, the coach will be ordered off the court. (Failure to comply forfeit)
- D. A coach that arrives on the school premises under the influence of alcohol or a controlled substance will cause the team to forfeit the game played on that date.
- E. Malicious pushing, striking or fighting between players, coaches, officials or fans will result in forfeit of the teams involved. Investigation by the board will also be conducted.

Article XII-Protest of officials

Protests are void during league and tournament play. Officials will be hired, trained, and dismissed by the WCYVL Board. Official's decisions are final during a game.

Article XIII-Awards

The first and second place teams in all divisions will be recognized at the conclusion of the tournament. The board will determine the type of awards to be given.

Article XIV-Uniform and equipment

- A. Uniform specifications
 - a. All jerseys must be worn as issued by the League.
 - b. All shoes must be athletic shoes
- B. Equipment
 - a. Division I & II use Lite ball
 - b. Division III & IV use official ball
 - c. The game will be played on courts specified by their division
 - d. The nets will be set as follows
 - Division I 6'8"-7'0"
 - Division II 6'8"-7'0"
 - Division III 7'4-1/8
 - Division IV 7"4-1/8

Article XV-insurance

Players and their parents or guardians assume responsibility for any accident or injury occurring during, before, or after the scheduled event. The parent or guardian must assume financial responsibility for expenses incurred due to accident or injury not covered by the league sponsored medical insurance. All coaches and assistant coaches injured during their coaching duties and responsibilities are responsible for all medical expenses beyond those covered by the league sponsored medical insurance.