

WHITE PLAINS LITTLE LEAGUE INSTRUCTIONAL BASEBALL MANUAL

	SKILLS
OVERVIEW	A 2-inning t-ball game
AGE	LITTLE LEAGUE AGE 5 YEARS OLD
GENDER	BOYS & GIRLS
FIELD OF PLAY	Regulation Little League Field 60 ft. base paths
# OF INNINGS PER GAME	2
STRUCTURE OF GAME PLAY	Players will hit off a tee in an attempt to put the ball in play. Fielders will attempt to field the ball and make plays.
UMPIRES	N/A
GENERAL SAFETY	Helmets must be worn by all offensive players on the playing field. (batter and base runners) No one except the batter in the batter's box is allowed to hold a bat at any time during the game. (Before, During and After!!) No fence or backstop climbing at any time
SUBSTITUTIONS	N/A
# OF PLAYERS ON THE FIELD <i>DEFENSE</i>	All players are in the field
# OF COACHES ON THE FIELD <i>DEFENSE</i>	At least 3 One on each side on the field behind the infielders and one at first base to protect/coach the first basemen. AT NO TIME SHOULD A COACH TOUCH A BATTED BALL.
FIELDING PLAY OF A BATTED BALL	All plays to first base. A caught fly ball should be thrown to first base.
PITCHER	N/A
CATCHER	N/A
# OF COACHES IN THE FIELD <i>OFFENSE</i>	5 At the tee, first, second and third base and a bench coach.
BATTING ORDER	All kids bat every half inning. Different batting order every half inning. Last batter hits a base clearing home run.

ENDING AN INNING/GAME # OF OUTS PER INNING	No outs are recorded. All players bat every half inning.
USING THE TEE	Balls batted from the tee must be struck cleanly. No bunts or dribblers.
BATTED BALL	Batter will always reach base safely, even if a defensive putout is made.
MAXIMUM # OF BASES ON A BATTED BALL	One base. (Except the last batter)
LAST BATTER OF THE INNING	Hits a base clearing home run.
STRIKING OUT OFFENSE	No Strikeouts
KEEPING SCORE	No score is kept.
BASE RUNNING GENERAL	One base per at bat and must be forced over.
BASE RUNNING SLIDING	N/A
BASE RUNNING FORCE OUTS	None
REQUIRED SKILLS UPON COMPLETION OF THE SEASON OFFENSE	<ul style="list-style-type: none"> • Basic batting stance and grip • Base recognition and direction • Proper bench behavior
REQUIRED SKILLS UPON COMPLETION OF THE SEASON DEFENSE	<ul style="list-style-type: none"> • Proper "Ready Position" • Fielding ground balls i.e. "Alligator Hands" <ul style="list-style-type: none"> • Fly ball stance • Proper throwing mechanics (basic) <ul style="list-style-type: none"> • Base recognition • Attempting ground ball put outs at first base <ul style="list-style-type: none"> • Attempting to catch fly balls (tracking) • Defensive players must learn not to all pile on the ball when it is hit