**Official Rules 3/4 & 5/6 Level**

**WCSU Elementary Schools 2018-2019**

**Inbounding after a Score:**

* 5 seconds to throw in ball after opposing team scores
* Team can run base line (5 seconds) after opposing team scores
* On the sideline or baseline the defense must give the inbounder three-feet of space

**Foul Shots:**

* If foul is made, do not let players leave court until after foul has been reported
* When foul made announce color then the jersey #
* 10 second limit for foul shot (ref should count off silently, 10 seconds by using hand motion at their side)
* Remind player they have only 10 seconds to shoot foul shot
* If player goes over 10 seconds possession is given to opposing team at sideline
* Once player releases foul shot, other players on the block can move into the paint. The shooter and players above the three-point line cannot cross the line until the ball hits the rim.
* If foul shot is an air ball, blow whistle and give possession to opposing team at the side line. (3/4 level can give player a second attempt)
* No Tech fouls at this age group (speak with player and speak with coach so he can coach and discuss with his player. Let coach decide how to handle individual player and incident. If not addressed or action repeated, you may sit the player.

**Clock:**

* Clock starts when a player touches ball (not when ref hands player the ball on sideline)
* Clock stops at whistle
* Look for sub when whistle is blown or if clock table blows horn

**Backcourt:**

* Once player has both feet and ball over ½ court, their team can move forward only. Going back would be considered backcourt and other team games possession at sideline. If agreed upon by both coaches in smaller gyms, the backcourt line can be extended.
* No backcourt defense

**Jump Ball:**

* 2 players on the ground – jump ball
* Possession alternates on jump ball

**Travel:**

* A player can be in sitting position when in possession of ball and it is not traveling offense
* A player can be lying on court and sit up while in possession of the ball and it is not traveling offense
* It is traveling when a player is not dribbling while sitting and then scoots or stands up. Once a player’s feet touch the ground they cannot move them.

**Zone vs. Man: Defense**

* **WCSU** plays man to man
* Some schools outside of WCSU play zone; advise both team’s coaches prior to start of game that defense is man to man only.
* Hands up defense is legal so long as they are out wide or straight up
* Double teaming is not allowed. At **3/4 level** blow whistle and talk to coach. Have them use a time out to coach their players about double teaming. Give possession back to offending team and use as a coaching opportunity. **5/6 level** call it only when calculated. Help defense is allowed.