



Farm League Managers Meeting

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Thank You!

- Thank you!
 - For being here
 - Making this commitment
 - Choosing to make a difference.

Goals: The primary goals of the SVLL Farm League Division are to provide a solid foundation in **fundamentals** and **skills** of baseball and for our players to have **fun**.



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Important to Remember:

Little League Pledge
 I TRUST IN GOD,
 I LOVE MY COUNTRY
 AND WILL RESPECT ITS LAWS.
 I WILL PLAY FAIR
 AND STRIVE TO WIN
 BUT WIN OR LOSE
 I WILL ALWAYS DO MY BEST.



PARENT/VOLUNTEER PLEDGE
 I WILL TEACH ALL CHILDREN TO PLAY FAIR AND DO THEIR BEST.
 I WILL POSITIVELY SUPPORT ALL MANAGERS, COACHES AND
 PLAYERS.
 I WILL RESPECT THE DECISIONS OF THE UMPIRES.
 I WILL PRAISE A GOOD EFFORT DESPITE THE OUTCOME OF THE
 GAME.



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Before anything - SAFETY!

- Youth concussions can have long term impacts on young athletes such as their health, memory, learning and even their survival. This has led to a new effort to improve prevention, recognition and response to sports-related concussions.
- **That's where you come in. It's your responsibility, as a coach, to help recognize and make the call to pull an athlete off the field, ice, or court if you think that player might have a concussion.**
- The Zackery Lystedt Law, requires medical clearance of youth athletes suspected of sustaining a concussion, before sending them back in the game, practice or training.



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Before anything - SAFETY!

- SVLL Safety information is online
 - <http://www.svll.net/safety>
 - Safety Plan
 - Forms: Injury Report
 - Medical Consent form
- Bats, Bats, Bats!
- First Aid Kit
- Injury Report
- Volunteers
 - All Volunteers – Coaches, Team Mom, Scorekeepers, etc. must register on SVLL.net and pass a background check.
 - If volunteers are not registered, they cannot help with practice, umpiring, in the dugout, etc.



REMEMBER:
Don't pick up your bat until you leave the dugout, to approach the plate.



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Before anything - SAFETY!

- **Washington State Law**

Under Washington law, certain professionals (including doctors and health care professionals, social workers, law enforcement officers, child care providers, probation officers, **or in non-profit organizations**, among others) who has reason to know or suspect child abuse is occurring is required to report the abuse to a law enforcement agency or to the department of social and health services. Any other person not specifically listed may make a report of known or suspected child abuse to law enforcement of the department.

To access the entire child abuse reporting chapter of the official Washington Code online, follow:

<http://apps.leg.wa.gov/RCW/default.aspx?cite=26.44>

- All Safety Concerns should be reported to the SVLL Safety Officer at safety@svll.net.



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Key Dates for SVLL 2019

<http://www.svll.net>

- Week of April 15 – Farm League practices begin.
- April 20 – Spring Training. Torguson Quad
 - T Ball – 9:00 to 10:00am
 - Sluggers – 10:15am to 11:15am
 - “A” – 11:30pm to 12:30pm
- April 20- Picture Day
- May 6- Games Begin
- May 18- SVLL Jamboree
- June 3 – Little League Day with the Mariners
- June 8 – Last games and gear turn in.



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Rain Outs & Fields - 2019

- Rain out link
 - <http://www.siviewpark.org/athletic-fields.phtml>
 - Parents are looking for you to update them, as soon as possible
 - Where rain-out link not available (ie Twin Falls)- use Si View
- Field Availability
 - Torguson (T-Ball exclusively here)
 - Twin Falls
 - North Bend Elementary
 - Swenson (Primarily Sluggers & A with Snoqualmie/TR coaches)



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You are the Most Important People in our organization

- You determine the kind of experience our players and parents have with Snoqualmie Valley Little League.
- You are the face of the League.
- We want managers who want to teach and help players learn positive character traits from playing on a team.
- We want our managers to demonstrate integrity, sportsmanship and respect their opponents, players, officials and parents.



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Team Manager Roles and Responsibilities

- Pre-Season
 - Communicate practice schedules and contact information
- Volunteer
 - Ask for a team parent to help organize league functions, snack schedule, etc.
 - Communicate with parents that you will need assistance during practices and games.
- Fundraising
 - Delegate!
- Communicate
 - Keep parents in communication
- Practice Preparations
- Game Responsibilities
- www.svll.net

(Coaches Corner, Coaching Fundamentals, Coaching Responsibilities)



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What is your Legacy?

- How do you want to be remembered?
- This is about the kids playing the game, not you playing Manager.
- Give them something they will respect and remember for years to come – good coaching and mentoring.



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Traits of a Successful Coach:

- BE PREPARED and ORGANIZED
 - Keep it changing and fun
- Players' positive attitudes begin with your attitude
- Use/recruit Volunteers
- Practice like you want them to play in a game
 - Warm ups, Drills, Pregame workouts, Tempo
- Demonstrate Hustle – be the example
- Be motivated and enthusiastic
- Be balanced – it's called Little League



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Volunteers

- Use them!
 - Grab them from the Sidelines, they're willing to help, just don't know where they'll fit in or add value.
 - Give them a specific role
- Get them to register online
 - Insurance
 - Background Checks
 - Liability
- Volunteer hours may be matched by your Company with \$\$ for SVLL
 - Microsoft, Google, Amazon, T-Mobile, others!
 - Ask- email treasurer@svll.net



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Team Meeting (First Practice)

- Introduce yourself and any coaches you have identified.
- Discuss your philosophy (briefly)
- Communication – Letting parents know how/when to get in touch with you.
- SVLL communication site
 - www.svll.net (Rainout link to Si View located on site)
 - Like us on Facebook – Snoqualmie Valley Little League (Rainouts are updated on our page.)
- Ask anyone who may be interested in being a team parents/coach helpers to reach out – A.S.A.P. (and register)
- Print out Medical Consent and Parent Code of Conduct to be signed.



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SVLL has coaching tools to help

SVLL has recognized the we need to provide our new coaches with training tools to make them successful.

This year we have purchased a league membership to The Big Al Baseball program. This program provided training videos, drills, and practice plans that are easy to use with proven success.

You will be receiving and email from our communication director with log in information.

Please contact Derek at farmleaguedirector@svll.net if you do not receive this email.



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Big Al Baseball

Sample of additional drills that the website has to offer

Drills



Teach The Grip

Introduce the grip to your players in an engaging way by teaching, demonstrating and asking questions to keep them engaged.



Teach Throwing

At this age the best way to teach the proper throwing technique is to set up stations and have the players shadow your demonstration.



1-Step Throw

Here is an approach to introduce the 1-step throw to every player on your team and keep them organized, safe and having fun.



Grip Check

Check the grip and arm position for each player at their station and use the key action words to get their grip and arm into the proper position for the throw.



Big Step Throw

The Big Step action causes players to push off their power foot and get their hips and body into the throw.



High Ball Throw

The High Ball throwing action challenges the players to experience the over-hand technique and the release you are looking for.

Skills & Drills

- Big Al Way
- Warm-up
- Throwing
- Catching
- Fly Balls
- Ground Balls
- Base Running
- Hitting
- Pitching Baseball
- Pitching Softball
- The Catcher



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Game Day

- Remember we do not keep score at Farm League
- There is no home/away team
- Introduce yourself to opposing coach
- Ensure both coaches are in agreement with rules
- Play Ball!!
- Finish with Fun- Relay Race/competition.

Farm League Rules:

See Handouts



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Rules Progression

	Pitching	Outs	Innings	Scoring	Strikeouts/Walks	Length
T-Ball	Tee Only	No Outs	Whole Team Hits	No Scoring	None	1 hour/ 4 Innings
Sluggers	Tee + Coach	Outs Count	Whole Team Hits	No Scoring	Switch to Tee/No Walks	1:15/ 4 Innings
Single A	Coach Pitch	Outs Count	3 Outs	No Scoring	3 swinging/5 hittable	1:45/ 4 Innings
AA	Coach + Kid	Outs Count	3 Outs	Scoring, SVLL only	3 Swinging	1:45/ 5 Innings
AAA	Kid Pitch	Outs Count	3 Outs	Scoring, Interlock/Falls	Swinging & Called Strikes	2:00/ 6 Innings
Coast/Majors	Kid Pitch	Outs Count	3 Outs	Scoring, Interlock/D9	Swinging & Called Strikes	9 Innings



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Questions?

Year 60! – SVLL still is and always will be...
Kids first

